

CURRICULUM VITAE

Gulnora Hundley, MD, PhD, LMHC, QSFL

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EDUCATION EXPERIENCE

May 2008

Doctor of Philosophy (**PhD**), Counselor Education

University of Central Florida, Orlando, Florida

CACREP Accredited Program

December, 2004

MA in Counselor Education; Marriage and Family Therapy Certificate

University of Central Florida, Orlando

April, 1992

Candidate of Medical Science (**Ph.D.** Equivalent)

Scientific Research Psychiatry Center, Moscow, USSR

Area of Concentration: Schizophrenia, Disability, Rehabilitation

June, 1989

Medical Residency – Department of Psychiatry. Advanced Clinical studies with specialization in Psychiatry

Tashkent Institute of Medical Staff Development

Tashkent, Uzbekistan

June, 1987

Psychiatric Internship

Mental Health Hospital, Uzbek Ministry of Health

Tashkent, Uzbekistan

Awarded Certificate and Qualification of Psychiatrist upon completion of internship program

July, 1983

Doctor of Medicine (M.D.)

Tashkent State Medical Institute

Tashkent, Uzbekistan (former USSR)

PROFESSIONAL EXPERIENCE

August 2011 – Current

Community Counseling and Research Center Director, UCF
Lecturer, Coordinator, Practicum Supervisor
Department of Child, Family and Community Sciences
University of Central Florida, Orlando, Florida

August 2010- August 2011

Visiting Instructor, Practicum Supervisor
Department of Educational and Human Sciences
University of Central Florida, Orlando, Florida

August, 2008 – August 2010

Post-Doctoral Research Associate, Instructor, Practicum Supervisor
Department of Child, Family and Community Sciences
University of Central Florida, Orlando, Florida

March, 2008 – Current

Private Practice. *Optimum Life Balance, Inc.*, Director
Provide Counseling, Psychotherapy and Neurofeedback services for individuals, couples and families.

2005-2008

Mental Health Counselor, Marriage Educator
Community Counseling Clinic
Department of Child, Family and Community Sciences
University of Central Florida, Orlando, Florida

2000-2005

Mental Health Counselor, Park Place Behavioral Center in Kissimmee, Florida
Responsible for providing individual, group and vocational counseling for patients with mental illness and co-occurring disorders (mental illness + substance abuse)

1992-1994

Assistant Medical Director, United States Peace Corps, Tashkent, Uzbekistan

1983-1993

Physician (Psychiatrist); Tashkent Institute of Medical Staff Development
Mental Health Hospital, Tashkent, Uzbekistan

TEACHING EXPERIENCE

Courses Taught at University of Central Florida: (from 2008- current)**Doctoral level:**

EDF 6401: Statistical Concepts for Behavioral Sciences

MHS 7311: Technology in Counselor Education

Masters level:

MHS 6803: Practicum I and II, graduate level course, Instructor and Clinical Supervisor

MHS 6020: Mental Health Care Systems

MHS 6430, Family Counseling I

MHS 6220: Assessment in Counseling

MHS 6070, Diagnosis and Treatment in Counseling

MHS 6500: Group Procedures and Theories in Counseling

MHS 6440: Couples Counseling

MHS 6830: Mental Health Counseling Internship

MHS 6401: Techniques of Counseling

Courses taught at the Department of Psychiatry, Tashkent Institute of Medical Staff Development and Post Graduate Education, Uzbekistan (1987-1994);

1. Rehabilitation Issues in Psychiatry
2. Alternative and Complementary Health Practices in Psychiatry
3. History, Classification and Current Trends in Psychosomatic Medicine
4. Schizophrenia: Brain Structure, Function and Psychopharmacology

Doctoral Dissertation Committees

Co-Chair:

Harris, S. (2015- current). Counselor Education, University of Central Florida. Co-Chairs: Dr. Glenn Lambie and Dr. Gulnora Hundley. **Dissertation Title:** *Neurofeedback Training and Attention Deficit and Hyperactivity Disorder in College Population.*

Committee Member:

Hang, Jo (2015-current). Counselor Education, University of Central Florida. Chair Dr. Jones.

Graham, J. (2014-current). Counselor Education, University of Central Florida. Chair Dr. Hagedorn.

Martin, J. (2014- 2015). Counselor Education, University of Central Florida. Chair Dr. Boot. Defended in 2015.

Zeligman, M. (2013-2014). Counselor Education, University of Central Florida. Chair: Dr. Bryce W. Hagedorn. Defended in 2014.

Bunnel, B. (2013-2015). Department of Psychology, University of Central Florida. Chair: Dr. Deborah C. Beidel. Defended in 2015

Super, J. (2012-2013). Counselor Education, University of Central Florida. Chair: Dr. Mark Young. Defended in 2013.

Bell, H. (2012-2013). Counselor Education, University of Central Florida. Chair: Dr. Bryce W. Hagedorn. Defended in 2013.

Fox, J (2012- 2013). Counselor Education, University of Central Florida. Chair: Dr. Bryce W. Hagedorn. Defended in 2013.

Wong, N. (2012 – 2014). Department of Psychology, University of Central Florida. Chair: Dr. Deborah C. Beidel. Defended in 2014.

Scharfstein, L. (2011-2013). Department of Psychology, University of Central Florida. Chair: Dr. Deborah C. Beidel. Defended in 2013.

Kendrick, E. (2011 – 2012). Counselor Education, University of Central Florida. Chair: Dr. Bryce W. Hagedorn. Defended in 2012.

Wilkes, D. (2011- 2012). Counselor Education, University of Central Florida. Chair: Dr. Bryce W. Hagedorn. Defended in 2012.

Hutchinson, T. (2010-2011). Counselor Education, University of Central Florida. Chair: Dr. Mark Young. Defended in 2011.

Scott, S. (2010 – 2012). Department of Psychology, University of Central Florida. Chair: Dr. Deborah C. Beidel. Defended in 2012.

Cunningham, L. (2009-2010). Counselor Education, University of Central Florida. Chair: Dr. Andrew Daire. Defended in 2010.

RESEARCH

2015- current – Neurofeedback Training and Attention Deficit and Hyperactivity

Disorder in College Population, Co-principal investigator

2015- current – Neurofeedback Training and Post Traumatic Stress Disorder (PTSD) in

Military Veterans, Principal Investigator

2011- 2015: Principal Investigator: “Survivors of Dissociative Identity Disorder: Intra and Interpersonal Relationship Factors”

2008-current

Counselor Education Master’s Program evaluation research coordinator

2008-current

Co-principal investigator: “Altruism and Helping Professions in Central Asia”

2005-2007

Research Assistant, University of Central Florida

Assisted principal investigators in research related to marriage and family counseling and education; analyzed data with statistical programs (SPSS)

1989-1992

Research assistant, Tashkent Institute of Medical Staff Development

Mental Health Hospital, Tashkent, Uzbekistan

Lead graduate research team, responsible for gathering and analyzing data related to psychosocial issues in psychiatry, and producing reports to document findings.

PROFESSIONAL PRESENTATIONS

International Presentations

Hundley, G. (October, 2015). *The UCF Community Counseling and Research Center as a training model for international mental health counseling programs.* Presented at the International Psychotherapy Congress, Moscow, Russian Federation.

Hundley, G. (October, 2015). *Licensure and Accreditation in Counselor Education.* Presented at the International Psychotherapy Congress, Moscow, Russian Federation.

Hundley, G. (2014). *Counseling and therapy for couples. Infidelity.* Presented 3-hour workshop for Tashkent State University (Uzbekistan) students in Psychology department.

Hundley, G. (2014). *Empathy in Medical Practice.* Presented 2-hour workshop at the Emergency Medicine, Hospital, Tashkent, Uzbekistan.

Hundley, G. (May, 2012). Introduction to Couples counseling. 8-hour workshop for psychiatrists, psychologists and social workers in Tashkent, Uzbekistan.

Hundley, G. (October, 2012). *Interventions with Suicidal and At-Risk Adults.* Presented at Emergency Medicine Hospital, Tashkent, Uzbekistan.

Hundley, G. (November, 2011). *Psychopharmacology for counselors.* Presented at the European Branch of American Counseling Association (EB-ACA) Conference in Bad Herrenalb, Germany. **Learning Institute, conducted 16 hour workshop for counselors.**

Hundley, G. (May, 2011). *The Effectiveness of the Delivering Bad News Skills Training Workshop for Oncologists.* Presented at the 5th Congress for CIS (former Soviet Union Countries) Oncologists, Tashkent, Uzbekistan.

Hundley, G. (May, 2010). Counseling patients with cancer. 3-hour workshop for psychologists. Tashkent, Uzbekistan

Hundley, G. (September, 2007). *Physician-Patient Communication in Cancer.* Presented at the Annual 2007 Oncologists Conference, Samarkand, Uzbekistan.

Hundley, G., Robertson, L., Erickson, B. (November, 2007). *Caregivers of Children with cancer: An Experiential Support Group.* Co-Presented at the Annual 2007 Conference of the European Branch of American Counseling Association, Bad Herrenalb, Germany.

Erickson, B., **Hundley, G.**, Robertson, L. (November, 2007). *Exploring Within: An Exercise in the Use of Expressive Arts in Counseling*. Co-Presented at the Annual 2007 Conference of the European Branch of American Counseling Association, Bad Herrenalb, Germany.

Hundley, G. (September, 2007). *Physician-Patient Communication in Cancer*. Presented at the Annual Oncologists Conference, Samarkand, Uzbekistan.

National Presentations

Hundley, G., & Harris, S. (March 13, 2015). Role of the Counselor in Pharmacological Treatment of Children and Adolescents. American Counseling Association Conference, Orlando, FL

Hundley, G. (March 11, 2015). *Medication Algorithms: A Sequenced Approach to Diagnosis and Pharmacotherapy*. **Learning Institute (6 hour workshop)**, American Counseling Association Conference, Orlando, FL

Hundley, G. (February, 2014). *Termination of the Group Experience Through the Use of a Structured Creative Model*. Present at the 2014 ASGW conference in Orlando, FL

Gonzalez, J., Martin, J., Depue K., & **Hundley, G.** (October, 2013). *Service Learning in a University Community Counseling Clinic: A Qualitative Investigation of Intake Training in Pre-Practicum Counseling Students*. ACES 2013 Conference.

Jacobson, L., Graham, J., & **Hundley, G.** (October, 2013). *Teaching Evidenced-Based Techniques to Counselors-in-Training Working with Survivors of Dissociative Identity Disorder (DID)*. Presented at ACES 2013 Conference.

Fox, J., Bell, H., Jacobson, L., **Hundley, G.**, Zeligman, M., & Graham, J. (2013, March). *Recovering identity: A qualitative investigation of a survivor of dissociative identity disorder*. Presented at the American Counseling Association Annual Conference, Cincinnati, Ohio.

Bell, H., Jacobson, L., **Hundley, G.**, **Fox, J. (September, 2012).** Assessing Dissociative Identity Disorder: Strength and Challenges. Presented at the Association for Assessment in Counseling and Education (AACE) Conference, Orlando, FL

Fox, J., Bell, H., Jacobson, L., **Hundley, G. (September, 2012).** Recovering Identity: A Qualitative Investigation of a Survivor of Dissociative Identity Disorder. Presented at the National Assessment and Research in Education (AACE) Conference, Orlando, FL

Hundley, G (July 2012). Psychopharmacology of Childhood Disorders. Presented at the American Mental Health Counselors Association (AMHCA) Conference, Orlando, FL

Hutchinson, T., & **Hundley, G.** (March, 2012). Working with Challenging Clinical Populations: Strategies for Wellness. Presented at the American Counseling Association (ACA) Conference in San Francisco, CA

Hundley, G., Jacobson, L., Wilkes, D. (March, 2011). Psychopharmacology of Anxiety Disorders. Presented at the American Counseling Association (ACA) Conference in New Orleans, LA.

Robinson, E., **Hundley, G.** (March, 2010). *Utilizing a Comprehensive Approach to Assess Counseling Students' Skills and Competencies throughout the Training Process.* Presented at the American Counseling Association (ACA) Conference in Pittsburg, PA.

Hundley, G. (March, 2010). *Cross-cultural aspects of communication between cancer patients, their families and health care providers.* Presented at the American Counseling Association (ACA) Conference in Pittsburg, PA.

Robertson, L. A., **Hundley, G.** (September, 2006). *Using Excel for References Management: Build, Manage & Merge a Citation Database.* Co-Presented at the Southern Association for Counselor Education and Supervision 2006 Conference, Orlando, Florida.

Vaccaro, N., **Hundley, G.** (September, 2006). *Online Counseling and Counseling supervision.* Co-presented at the Southern Association for Counselor Education and Supervision Conference, Orlando, Florida.

Local/University of Central Florida Presentations

Hundley, G. (March, 2016). *Neurofeedback for the Remediation of Trauma.* Presented At the University Behavioral Center. 3-hour professional development workshop for mental health professionals.

Hundley, G. (February, 2016). Role of the Counselor in Pharmacological Treatment of Children and Adolescents. Presented at the UCF Counseling Conference, Orlando, FL

Jones, D., Hagedorn, B., Van Horn, S., **Hundley, G.,** Barden, S., Munyon, M., & Taylor, D. (May 11-14, 2015). *Institutional Effectiveness, Curriculum Mapping, and Aligning Program Objectives for Meaningful Change.* Presented at the 2015 UCF Summer Faculty Development Conference "Innovations in Engaged Learning and Faculty and Student Success", University of Central Florida, Orlando, FL

Hundley, G. (November, 2014). *Neurofeedback for the Remediation of Trauma.* Presented at the Mental Health Counselors of Central Florida (MHCCF) association monthly meeting.

Barden, S., Hagedorn, B., Lambie, G., Van Horn, S., & **Hundley, G.** (May 6-9, 2013). *The reorganization and reconceptualization of the content and sequence of courses offered in the Counselor Education doctoral program to support programmatic*

accountability and accreditation processes. Presented at the 2013 UCF Summer Faculty Development Conference “Communication for Academic, Professional, and Civic Engagement”. University of Central Florida, Orlando, FL

Blueford, J., & **Hundley, G.** (March, 2013). "Differentiating the Reasoning behind the Etiology of Dissociative Identity Disorder". Presented at the 10th annual Showcase of Undergraduate Research Excellence, UCF

Hundley, G. (February, 2013). Neurofeedback for the Remediation of Trauma in survivors of Dissociative Identity Disorder. Healing Together Conference. Orlando, FL

Hundley, G., Fox, J., Bulliford, J. (2013). Stories of Survivors with Dissociative Identity Disorder: A Qualitative Investigation of Symptoms, Traumatic Experiences and Relationships. Healing Together Conference. Orlando, FL

Hundley, G. (October 24, 2012). Psychopharmacology for Mental Health Professionals. Conducted a Professional Development workshop at the University of Central Florida Counseling Center Professional Development.

Hagedorn, B., Lambie, G., Van Horn, S., Barden, S., & **Hundley, G.** (May 1-4, 2012). *Integrating the CACREP, NCATE, FEAP standards and benchmarks into curriculum mapping and assessment matrixes for all Counselor Education course syllabi*. Presented at the 2012 UCF Summer Faculty Development Conference “Education and the 21st Century Student: Global, Cultural, and Professional Perspectives”. University of Central Florida, Orlando, FL

Hundley, G. (February, 2012). Psychopharmacological Treatment of Dissociative Identity Disorders. Healing Together Conference. Orlando, FL

Hundley, G. (February, 2012). Neurofeedback for the Remediation of Trauma in survivors of Dissociative Identity Disorder. Healing Together Conference. Orlando, FL

Hundley, G (May, 2011). *Psychopharmacology of Bipolar Disorders*. Presented at the Mental Health Counselors of Central Florida (MHCCF) association monthly meeting.

Jones, D., Hagedorn, B., Lambie, G., Van Horn, S., **Hundley, G.,** & Cunningham, L. (May 3-6, 2011). *Incorporating LiveText training into creating formative and summative rubric assessments for core courses in Counselor Education Program of Study*. Presented at the 2011 UCF Summer Faculty Development Conference “Ethics, Access, and Excellence: The Faculty Challenge”. University of Central Florida, Orlando, FL

Hundley, G (September, 2009). *Psychopharmacology of Anxiety Disorders*. Presented at the Mental Health Counselors of Central Florida (MHCCF) association monthly meeting.

Hundley, G (June, 2009). *Psychopharmacology: A Workshop for Mental Health Counselors*. This workshop was sponsored by the Upsilon Chi Chapter of Chi Sigma Iota, University of Central Florida.

Hundley, G. (February, 2009). *Neurofeedback Training for Anxiety Disorders*. Presented at the University of Central Florida Annual Counseling Conference.

PUBLICATIONS

Zilegman, M., **Hundley, G.**, & Bloom, Z. (2016). (In Review). Lived Experiences of Men with Dissociative Identity Disorder. *Adultspan Journal*.

Ali, S., & **Hundley, G** (2016). Beyond the Prescription: The Other Side of Opiate Painkillers. (In press). *Annual Review, JAOC*.

Limberg, D., Ohrt, J., Barden, S., Ha, Y., **Hundley, G.**, & Wood, A. (2015). "A Cross Cultural Exploration of Counselors-in-Training Perceptions' of Altruism". *Journal of Counseling and Values, 60(2)*, 201-217.

Bell, H., Jacobson, E., Zeligman, M., Fox, J., & **Hundley, G.** (2015). The Role of Religious Coping and Resiliency in Individuals with Dissociative Identity Disorder" *Journal of Counseling and Values, 60(2)*, 151-163.

Hundley, G., & Hagedorn, W. B. (2014). Current Status of Marriage and Family Therapy Education in Uzbekistan: A Pilot Investigation. *The Family Journal, 22(3)*, 292-297.

Fox, J., Bell, H. & **Hundley, G.** (2013). Recovering Identity: A Qualitative Investigation of a Survivor of Dissociative Identity Disorder. *Journal of Mental Health Counseling, 35*, 324-342

Young, M. E., & **Hundley, G.** (2012). The counselor education classroom: Experience and reflection. In, J. West, D. Bubenzer, J. Cox and J. McGlothlin, Teaching in counselor education: Engaging students in meaningful learning. Alexandria, VA: American Counseling Association.

Hundley, G., Casado, M. (2009). The Wisdom Jar: A Creative Metaphor for Terminating Counseling Supervision. *Journal of Creativity in Mental Health Counseling, 2*, 33-39.

Hundley, G., Lambie, G. (2007). Russian Speaking Immigrants from the Commonwealth of Independent States in the United States: Implication for Mental Health Counselors. *Journal of Mental Health Counseling, 29(3)*, 242-258.

Hundley, G., Robertson, L. (2006). Russian Immigrants: The Integration of Internet Based Counseling and Mental Health Services. *Journal of Technology in Counseling, 5*, 19-25.

Hundley, G. (1992). Cultural Differences as Factors in the Rehabilitation Process of Patients with Schizophrenia. *Russian Journal of Mental Health, 43*, 575-591.

Hundley, G., Murtalibov, S. (1990). Symptoms of Asthenia in Schizophrenic remissions. *Journal of Clinical Psychiatry of Uzbekistan, 49*, 89-92.

Hundley, G. (1990). Occupational Adaptation of Patients with Schizophrenia. *Journal of Uzbekistan Regional Healthcare, 2*, 33-35.

Hundley, G., Gershtein, A. (1989). EEG Patterns in Children with Inhalant Abuse. *Uzbekistan Journal of Neuroscience and Addictions, 12*, 15-19.

Manuscripts in preparation:

*McKinzie, C., & **Hundley, G.** (2016). (In progress). Comorbid Anxiety in Schizophrenia: Mindfulness and Relaxation-Based Treatment Approaches.

Hundley, G., & McKinzie, C. (2016). (In progress). Role of the Counselor in Pharmacological Treatment of Children and Adolescents.

PROFESSIONAL DEVELOPMENT

Getting the Most out of Mediation (August 21-22, 2016). Will attend two-day Professional Mediation Institute Conference and Florida Supreme Court certified mediators training.

Instructor/Lecturer Excellence Program (ILEP) meeting (August 17, 2016), UCF

Distance Counselor Training. Tele Mental Health Institute. 36 Hour Online Training and Certification (January, 2016).

Summer Faculty Development Conference, UCF. (May, 2015). Curriculum Mapping and Program Assessment.

American Counseling Association (ACA) Conference, Orlando, FL (March, 2015).

UCF Counseling Conference. Attended professional workshops. (February, 2014).

Motivational Interviewing: Eliciting Client's Own Argument for Change (February 2014)

The Family Mediation Certification Program is a 40-hour training program (5-days) Approved by the Florida Supreme Court for certification as a Family Court Mediator (October, 2013).

Summer Faculty Development Conference, UCF (May, 2012). Development of a curriculum map and assessment matrix for the program to support programmatic accountability and accreditation processes.

Summer Faculty Development Conference, UCF (May, 2011). Assessing specific course experiences by developing benchmark assignments and rubrics.

IDL6543 (February – April 2011)- Interactive Distributed Learning for Technology-Mediated Course Delivery Center for Distributed Learning.

Baker Act: The Florida Mental Health Act (April, 2010).
Department of Children and Families; Department of Mental Health Law and Policy;

Psychopharmacology & Psychotherapy: Ethical Considerations for the Clinical Practitioner (January, 2010).

Wisdom of the Dream: A Jungian Approach to Dream Interpretation (November, 2007).

Suicide: Prevention, Assessment, and Treatment (February, 2006)

Distance Counselor Training (July 25-26, 2005)
Ready Minds, Orlando Florida

Prepare/Enrich Training, Couples Counseling (June 21, 2004)
University of Central Florida, Orlando, Florida

Couples Communication Training (February 20-21, 2004)
Interpersonal Communication Programs

PROFESSIONAL LICENSURE AND CERTIFICATION

Licensed Mental Health Counselor, Qualified Supervisor for Mental Health Counseling Interns, Qualified Supervisor for Marriage and Family Therapy Interns in State of Florida, MH # 9563, 2008-current

Certified Family Mediator by the Supreme Court of Florida, January 2013-current

Clinical Hypnosis Certificate, 2008-current

Certified Neurofeedback Practitioner, Zengar Institute, 2008 –current

Distance Credentialed Counselor, Center for Credentialing and Education (CCE), 2005 - current

Marriage and Family Therapy Certificate, 2004
University of Central Florida, Orlando, Florida
