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## CURRICULUM VITAE

### Sejal Mehta Barden, Ph.D.

Associate Professor  
 University of Central Florida  
 College of Community Innovation and Education  
 Department of Counselor Education and School Psychology  
 PO Box 161250  
 Orlando, FL 32816-1250  
 Email: [Sejal.Barden@ucf.edu](mailto:Sejal.Barden@ucf.edu)

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## EDUCATION

**Doctorate of Philosophy (Ph.D.) in Counseling and Educational Development** 2011

**Minor:** Educational Research Methodology  
 University of North Carolina at Greensboro (*CACREP Accredited*)

**Dissertation Title:** *International Immersion: An Exploratory Study of Critical Factors, Sustained Impact, and Counselor Development.*

**Specialist in Education** in Marriage and Family Therapy 2007

University of Florida (*CACREP Accredited*)  
 College of Education

**Master of Education** in Marriage and Family Therapy 2007

University of Florida (*CACREP Accredited*)  
 College of Education

**Bachelor of Science** in Psychology, Cum Laude 2004

University of Florida  
 College of Liberal Arts and Sciences

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## ACADEMIC POSITIONS

**Associate Professor**  
 (2017-present)

**University of Central Florida**  
**Department of Counselor Education and School Psychology**  
 College of Community Innovation and Education  
 Orlando, Florida 32816-1250

Responsibilities include: Track Coordinator for Marriage, Couples and Family Therapy, teaching masters and doctoral level courses (3/3 teaching load); aligning family counseling curricula and experiences to CACREP accreditation standards; advising master's and doctoral students; serving on and chairing dissertation committees; maintaining active research agenda and scholarly publications; securing external funding; and participating in professional, university, college, departmental, and programmatic related service.

**Executive Director***(2015-present)***University of Central Florida****Marriage and Family Research Institute (MFRI)**

Responsibilities include oversight of sponsored research institute, securing external funding, disseminating research, establishing and maintaining community partnerships as well as oversight of 13 full time staff and 20 part time staff members.

**Assistant Professor***(2011-2017)***University of Central Florida****Department of Counselor Education and School Psychology**College of Community Innovation and Education  
Orlando, Florida 32816-1250

Responsibilities include: Track Coordinator for Marriage, Couples and Family Therapy, teaching graduate and doctoral level courses (3/3 teaching load); aligning family counseling curricula and experiences to CACREP accreditation standards; advising master's and doctoral students; serving on and chairing dissertation committees; maintaining active research agenda and scholarly publications; securing external funding; and participating in professional, university, college, departmental, and programmatic related service.

## HONORS/AWARDS

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| 2021 | American Counseling Association <i>Don Dinkmeyer Social Interest Award</i><br>Award recognizes an individual or organization making a significant contribution in the counseling field in support of families and family members. |
| 2020 | University of Central Florida, <i>Research Incentive Award</i><br>Award based on innovation and impact of research over past five years.  |
| 2018 | University of Central Florida, <i>Excellence for Research</i><br>Award from College of Education and Human Performance for exemplary research.  |

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- 2017 University of Central Florida, *Reach for the Stars Award*  
Award from the President's office based on exemplary early career achievement.
- 2016 Association for Assessment and Research in Counseling, *Exemplary Practice Award*  
Award based on outstanding service and practice in assessment which have significance for the counseling profession.
- 2016 University of Central Florida, *Teaching Incentive Portfolio*  
Award based on teaching and creativity activity over the past five years.
- 2016 University of Central Florida, *Scholarship of Teaching and Learning Award*  
Award based on innovation and impact of scholarship on teaching and learning practices over past five years.
- 2016 University of Central Florida, *Research Incentive Award*  
Award based on innovation and impact of research over past five years.
- 2016 Association for Specialists in Group Work *Best Group Research Article*  
Article selected based on innovation and methodological approaches.
- 2014 Southern Association for Counselor Education and Supervision (SACES), *Outstanding Pre-Tenure Counselor Education Award*  
Award is to acknowledge individual faculty members who are showing exceptional progress in the early stages of their academic career.
- 2013 Association for Counselor Education and Supervision, *Presidential Fellow*  
Fellows program is an initiative sponsored by the ACES President to support nominated emergent leaders and educators in the counseling profession.
- 2013 *National Cancer Institute/National Institute of Health*  
Selected Attendee for Summer Program in Cancer Prevention and Cancer Control
- 2012 Southern Association for Counselor Education and Supervision *Research Award*  
Award is designed to fund innovative research studies related to counselor education
- 2012 Chi Sigma Iota, Upsilon Nu Chi, *Outstanding Research Award*  
Award recognizes those who have recently completed research investigations that show promise for outstanding contributions to the counseling profession

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- 2011 Association for Multicultural Counseling and Development, *Dr. Daya & Mrs. Usha K. Sandhu Student Research Award*  
Award recognizes students who have embarked on quality research in the area of multicultural counseling
- 2010 Southern Association for Counselor Education and Supervision *Research Award*  
Award is designed to fund innovative research studies related to counselor education
- 2010 Southern Association for Counselor Education and Supervision *Emerging Leaders Fellow*  
Recipients are selected based on their commitment to the profession and their leadership experience and potential
- 2010 University of North Carolina at Greensboro, *Outstanding Doctoral Student*  
Award recognizes one doctoral student who has demonstrated outstanding ability to represent the Counseling and Educational Development Department.

## RESEARCH AND SCHOLARSHIP ACTIVITIES

### Research Interest and Foci

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- Outcome research with couples and families
- Counselor development and supervision

*Please note: In counseling, psychology, and education, the primary author is listed first.*

**\* Denotes student collaboration on scholarly publications**

**\*\*\*Name was changed in 2012 from Mehta to Barden**

### Research Grants

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#### Full Indirect Research Funding

Tyson, M., Doss, B., & **Barden, S.M.** (2021-2024). *Culturally Adapted Couples Communication Program for Latina Breast Cancer Patients and Partners (2020C3-21171)*. Patient Centered Outcomes Research Institute, **\$2,850,000.00**; UCF Subcontract, \$401,000.00. (33% credit).

**Barden, S. M., Principal Investigator** & Taylor, D., Co-Principal Investigator (2020-2025). *Project Harmony 2.0 (90ZB0009-01-00)*. Department of Health and Human Services: Office of Family Assistance. **\$7,499,999.00**. (50% credit).

**Barden, S. M., Principal Investigator**, Taylor, D., Co-Principal Investigator & Young, M.E., Co-Investigator (2015-2020). *Project Harmony (90FM0078-01-00)*. Department of Health and Human Services: Office of Family Assistance. **\$9,627,622.00**. (50% credit).

### **Research Funding**

Lambie, G. W., Principal Investigator & **Barden, S. M., Co-Principal Investigator** (2015-2016). *Development and Validation of the Educator Inspire Scale*. Denny Sanford Foundation, **\$39,861.00**. (50% credit).

Myers, J. M., Principal Investigator, Shannonhouse, L., Co-Investigator, **Barden, S. M., Co-Investigator**, Clarke, P., Co-Investigator, & Forti, A. Co-Investigator. (2010). *The effectiveness of a wellness-oriented psychoeducational support group on the holistic wellness, health locus of control, and future perspectives of cancer survivors*. Community Based Research Grant, **\$4,500.00**

**Total External Funding: \$20,021,982.00**

### **Internal Funding**

**Barden, S. M., Principal Investigator** (2013-2014). *Understanding the influence of breast cancer on Latina couples: An exploratory qualitative grounded theory research design*. University of Central Florida, Office of Research and Commercialization, **\$7,500.00**

### **National Recognition: Media/Textbooks**

#### *Media Appearances*

**Barden, S.M.** (March, 2021). Creativity in Academia. Central Florida PBS.

**Barden, S. M., & Dillman Taylor, D.** (October, 2020). Federal grant funds UCF relationship study for couples affected by the pandemic. WFTV Channel 9 News, Orlando, FL. <https://www.wftv.com/news/federal-grant-funds-ucf-relationship-study-couples-affected-by-pandemic/f78e4ab7-fb78-457a-80a2-c0bd668e8b5f/>

Dillman Taylor, D., & **Barden, S. M.** (Oct. 22, 2020). UCF program receives \$7.5M grant for program on improving relationships. WESH Channel 2 News, Orlando, FL. <https://www.wesh.com/article/ucf-program-improving-relationships/34456232#>

#### *Textbook*

Young, M., **Barden, S.M.**, & Long, L. (2021). *Counseling and Therapy for Couples: An Integrative Model*. Pearson.

### *Book Chapters*

3. \* Wood, A. W., \*Gonzalez, J., & **Barden, S. M.** (2016). Mindfulness-based cognitive therapy for caregivers of cancer survivors. In S. J. Eisendrath (Ed.), *Mindfulness-based cognitive therapy* (pp. 215-227). CA: Springer International.
2. **Barden, S. M.**, Shannonhouse, L., & Mobley, K. (2015). *International cultural immersion: Assessing the influence of a group intervention on intercultural sensitivity for counselor trainees*. In A. Puig, B. Skudrzyk, J. Monteiro-Leitner, & A. M. Hutchins, (Eds.). Reprinted from a refereed article. <https://doi.org/10.1080/01933922.2014.992505>
1. **Barden, S. M.**, & Hagedorn, W. B. (2014). Arab-Americans and substance abuse. In Lee, T. (Eds.), *Embracing diversity: Treatment and care in addiction counseling* (pp. 79-91). CA: Cognella Academic Publishing.

## Publications in Refereed Journals

### *Publications in National & International Refereed Journals*

49. Carlson, R.G., **Barden, S.M.**, \*Locklear, L., & Taylor, D. (in press). Examining quality time as a mediator of dyadic change in a randomized controlled trial of relationship education for low-income couples. *Journal of Marital and Family Therapy*.
48. Carlson, R. G., Wheeler, N. J., **Barden, S. M.**, Romagnolo, S., Dillman Taylor, D., Hipp, C. J., Silverio, N., & Moran, M. (2021). Using intent to attend as a predictor of retention in community-based relationship education. *Family Process*. doi: 10.1037/fam0000852 (*Impact factor, 2.175, 2019*).
47. **Barden, S. M.**, Silverio, S., Wilson, N., Taylor, D. & Carlson, R. (2021). Couples coping through COVID: Implementation of an online relationship intervention. *Couple and Family Psychology: Research and Practice*. <https://doi.org/10.1037/cfp0000168> (*1.543 Impact Factor, 2020 per APA*)
46. Carlson, R.G., Dillman Taylor, D., **Barden, S. M.**, Olejarczyk, J., & Glascoe, G. (in press). Effects of individual-oriented relationship education for parents: A randomized controlled trial. *Journal of Family Psychology*. (*1.836 Impact Factor, 2020; 24% acceptance rate per APA [2020]. 2019*)
45. **Barden, S. M.**, Carlson, R. G., Toomey, M., Locklear, L., & Taylor, D. D. (2021). Examining the effects of relationship education for same sex couples: A randomized

- control trial. *Marriage and Family Review*.  
<https://doi.org/10.1080/01494929.2021.1921896> (Impact factor, 2.3, 2020).
44. **Barden, S. M.**, Taylor, D. D., Silverio, N., Carlson, R. G., Whitbeck, M., Carroll, N., & Velez. (2021). Motivations to enroll and engage in relationship education programs: A qualitative investigation of key process factors. *Journal of Couple and Relationship Therapy*. <https://doi.org/10.1080/15332691.2020.1867685> (Impact factor, 1.27, 2020).
43. \*Saliba, Y., & **Barden, S. M.** (2021). Playfulness and older adults: Implications for quality of life. *Journal of Mental Health Counseling*, 43 (2): 157–171.  
<https://doi.org/10.17744/mehc.43.2.05>
42. \*Mumbauer, J., & **Barden, S. M.** (2020). Examining a mental health literacy among economically disadvantaged youth. *Journal of Mental Health Counseling*, 42(4), 339–355. <https://doi.org/10.17744/mehc.42.4.04>
41. \*Wheeler, N., Regal, R., Griffith, S., & **Barden, S. M.** (2021). Dyadic influence of adverse childhood experiences: counseling implications for mental and relational health. *Journal of Counseling and Development*, 99(1), 24-36.  
<https://doi.org/10.1002/jcad.12351> (1.381 Impact Factor, 2019; 10% acceptance rate per editor, 2013)
40. \*Gonzalez-Voller, J., \*Crunk E. A., **Barden, S. M.**, \*Harris, S., & \*Belser, C. T. (2020). A longitudinal study of multicultural competence in counselor education. *Journal of Counseling and Development*, 98(3).  
<https://doi.org/10.1002/jcad.12325> (1.381 Impact Factor, 2019; 10% acceptance rate per editor, 2013)
39. Towson, J. A., \*Canty, M., Schwartz, J., **Barden, S. M.**, & Sims, T. (2019). Adolescent mothers' implementation of strategies to enhance their children's early language and emergent literacy skills. *Communication Disorders Quarterly*, 41(4), 231-241. <https://doi.org/10.1177/1525740119855630> (0.863 Impact Factor, 2021)
38. \*Gonzalez, J., **Barden, S. M.**, & Sharp, J. (2018). Multicultural competence and the working alliance as predictors of client outcomes. *The Professional Counselor*, 8(4), 314-327.  
<https://doi.org/10.15241/jg.8.4.314>
37. \*Wheeler, N. J., Daire, A. P., **Barden, S. M.**, & Carlson, R. G. (2019). Relationship distress as a mediator of adverse childhood experiences and health: Implications for clinical practice with economically vulnerable racial and ethnic minorities. *Family Process*, 58(4), 1003–1021. <https://doi.org/10.1111/famp.12392> (2.679 Impact Factor, 2020).
- 36.\* Wood, A. W., **Barden, S. M.**, Terk, M., & Cesaretti, J. (2019). Prostate cancer: The influence of stigma on quality of life and relationship satisfaction for survivors and their

- partners. *Journal of Psychosocial Oncology*, 37(3), 350-366.  
<https://doi.org/10.1080/07347332.2014.977418>
35. Johnson, J. M., **Barden, S. M.**, & \*Sherrell, R. (2018). Examining the relationships between multicultural competence, multicultural self-efficacy, and ethnic identity development of practicing counselors. *The Journal of Mental Health Counseling*, 40(2), 129-141.  
<https://doi.org/10.17744/mehc.40.2.03>
34. **Barden, S. M.**, \*Gutierrez, D., \*Gonzalez, J., & \*Ali, S. (2017). Calidad de vida: An exploratory investigation of Latina breast cancer survivors and intimate partners. *Journal of Health Disparities Research and Practice*, 10(4), Article 1.  
<https://digitalscholarship.unlv.edu/jhdrp/vol10/iss4/1>
33. \*Saliba, Y. & **Barden, S. M.** (2017). Counselors and workplace wellness: A conceptual model. *The Professional Counselor*, 7(2), 104-113. <https://doi.org/10.15241/ys.7.2.104>
32. \*Wood, A. W., **Barden, S. M.**, Terk, M., & Cesaretti, J. (2017). The influence of stigma on the quality of life for prostate cancer survivors. *Journal of Psychosocial Oncology*, 35(4), 451-467. <https://doi.org/10.1080/07347332.2017.1307896> (*Impact Factor*, 1.5, 2017).
31. Shannonhouse, L., **Barden, S. M.**, & McDonald, P. (2017). Mixed methodology in group research: Lessons learned. *Journal for Specialists in Group Work*, 42, 87-107.  
<https://doi.org/10.1080/01933922.2016.1264521>
30. \*Zeligman, M., Hagedorn, W. B., & **Barden, S. M.** (2017). The role of stigma on trauma following an HIV diagnosis. *The Journal of Mental Health Counseling*, 39, 12-24.  
<https://doi.org/10.17744/mehc.39.1.02>
29. \*Crunk, E., & **Barden, S. M.** (2017). The common factors discrimination model: An integrated approach to counselor supervision. *The Professional Counselor*, 7, 15-32.  
<https://doi.org/10.15241/aec.7.1.62>
28. **Barden, S. M.**, \*Sherrell, R., & Matthews, J. M. (2017). A national survey on multicultural competence for professional counselors: A replication study. *Journal of Counseling and Development*, 95(2), 203-212. <https://doi.org/10.1002/jcad.12132> (*1.381 Impact Factor*, 2019; 10% acceptance rate per editor, 2013)
27. **Barden, S. M.**, \*Gutierrez, D., \*Gonzalez, J., & \*Ali, S. (2016). Healing faith: A qualitative exploration of Latina breast cancer survivors. *Counseling and Values*, 61(2), 142-158. <https://doi.org/10.1002/cvj.12034>
26. \*Gutierrez, D., **Barden, S. M.**, \*Gonzalez, J., \*Ali, S., Cruz-Ortega, L. G. (2016). Perspectiva masculina: An exploration of intimate partners of Latina breast cancer survivors. *The Family Journal*, 24, 222-229.  
<https://doi.org/10.1177/1066480716648690>

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25. \*Solomon, C., & **Barden, S. M.** (2016). A self-compassion mentorship framework for mothers in Counselor Education. *Counselor Education and Supervision, 55*(2), 137-149. <https://doi.org/10.1002/ceas.12038>
  24. \*Zeligman, M., **Barden, S. M.**, & Hagedorn, W. B. (2016). Posttraumatic growth and HIV: A study on associations of stigma and social support. *Journal of Counseling & Development, 94*(2), 141-149. <https://doi.org/10.1002/jcad.12071> (1.381 Impact Factor, 2019; 10% acceptance rate per editor, 2013)
  23. Shannonhouse, L., **Barden, S. M.**, Jones, E., Gonzalez, L., & Murphy, A. (2016). Secondary traumatic stress for trauma research teams: A mixed methods research design. *Journal of Mental Health Counseling, 38*(3), 201-216. <https://doi.org/10.774/mehc.38.3.02>
  22. Limberg, D., Ohrt, J. H., **Barden, S. M.**, Ha, Y., Hundley, G., & \*Wood, A. W. (2015). A cross-cultural exploration of perceptions of altruism of counselors-in-training. *Counseling and Values, 60*(2), 201-217. <https://doi.org/10.1002/cvj.12014>
  21. Shannonhouse, L., **Barden, S. M.**, & Mobley, K. (2015). Qualitative outcomes of a home-stay immersion with critical reflection. *Counselor Education and Supervision, 54*, 303-319. <https://doi.org/10.1002/ceas.12028>
  20. \*Zeligman, M., & **Barden, S. M.** (2015). A narrative approach to supporting clients living with HIV. *Journal of Constructivist Psychology, 28*, 67-82. <https://doi.org/10.1080/10720537.2013.854185> (Scopus Cite Score, 1.8 per 2019).
  19. **Barden, S. M.**, Carlson, R., Daire, A., \*Finnell, L., \*Christopher, K., & \*Young, E. (2015). Investigating the influence of relationship education on parental attitudes. *Marriage and Family Review, 51*(3), 246-263. <https://doi.org/10.1080/01494929.2015.1031422>
  18. \*Ali, S., & **Barden, S. M.** (2015). Sexual minority identity development: Considering the cycle of coming-out. *Professional Counselor: Research & Practice, 5*(4), 501-515. <https://doi.org/10.15241/sa.5.4.501>
  17. **Barden, S. M.**, & \*Greene, J. (2015). An investigation of multicultural counseling self-efficacy and multicultural counseling competence for counselors-in-training. *International Journal for the Advancement of Counselling, 37*, 47-53. <https://doi.org/10.1007/s10447-014-9224-1>
  16. \*Wood, A., \*Gonzalez, J., & **Barden, S. M.** (2015). Mindful caring: Using mindfulness-based cognitive therapy with caregivers of cancer survivors. *Journal of Psychosocial Oncology, 33*, 66-84. <https://doi.org/10.1080/07347332.2014.977418>
  15. **Barden, S. M.**, Conley, A. H., & Young, M. E. (2015). Integrating health and wellness in mental health counseling: Clinical, educational and policy implications. *Journal of*

*Mental Health Counseling*, 37(2), 152-163.  
<https://doi.org/10.17744/mehc.37.2.1868134772854247>

14. **Barden, S. M.**, Shannonhouse, L., & Mobley, K. (2015). International cultural immersion: Assessing the influence of a group intervention on intercultural sensitivity for counselor trainees. Special Issue: International Perspectives on Group Work. *Journal for Specialists in Group Work*, 40(1). <https://doi.org/10.1080/01933922.2014.992505>  
**National Research Award: Association for Specialists in Group Work Best Group Research Article of the Year (2015)**
13. **Barden, S. M.**, Mobley, K., & Shannonhouse, L. (2014). Cultural immersion in counselor education in the United States: A quasi experimental study. *Journal for International Counselor Education*, 6, 46-60.
12. \*Hall, K., **Barden, S. M.**, & Conley, A. H. (2014). A relational cultural framework: Emphasizing relational dynamics and multicultural skill development. *The Professional Counselor*, 4, 71-83. <https://doi.org/10.15241/kg4.1.71>
11. Carlson, R., **Barden, S. M.**, Daire, A., & \*Schwartz, M. (2014). Examining parental alliance for low-income participants who attended relationship education with or without a partner. *Journal of Couple and Relationship Therapy*, 13(2), 153-170.  
<https://doi.org/10.1080/15332691.2013.8716151867685> (Impact factor, 1.5, 2013).
10. \*Greene, J. H., **Barden, S. M.**, Richardson, E. D., & \*Hall, K. G. (2014). The influence of film and experiential pedagogy on multicultural counseling self-efficacy and multicultural counseling competence. *Journal of the Scholarship of Teaching and Learning*, 14(5), 62-78. <https://doi.org/10.14434/josotlv14i5.12656>
9. Shannonhouse, L., Myers, J. M, **Barden, S. M.**, & Clarke, P., \*Weimann, R., Forti, A., Moore-Painter, T., Knutson, T., & Porter, M. (2014). Finding your new normal: Outcomes of a wellness-oriented psychoeducational support group for cancer survivors. *Journal for Specialists in Group Work*, 39, 3-14.  
<https://doi.org/10.1080/01933922.2013.863257>
8. Daire, A., Carlson, R., **Barden, S. M.**, & \*Jacobson, L. (2014). An intimate partner violence (IPV) protocol readiness model. *The Family Journal*, 22(2), 170-178.  
<https://doi.org/10.1177/1066480713513708>
7. \*Gonzalez, J., & **Barden, S. M.** (2014). Existential counseling as a vehicle to support Latina breast cancer survivors. *Counseling and Values*, 59, 49-64.  
<https://doi.org/10.1002/j.2161-007X.2014.00041.x>
6. Carlson, R., **Barden, S. M.**, Daire, A., & \*Greene, J. (2014). Effects of relationship education on relationship satisfaction for low-income married couples with children. *Journal of Counseling and Development*, 92(4), 418-427.

<https://doi.org/10.1002/j.1556-6676.2014.00168.x> (1.381 Impact Factor, 2019; 10% acceptance rate per editor, 2013)

5. **Barden, S. M.**, & Cashwell, C. (2014). International immersion in counselor education: A consensual qualitative research investigation. *Journal of Multicultural Counseling and Development*, 42, 42-60. <https://doi.org/10.1002/j.2161-1912.2014.00043.x> (1.594 Impact Factor, 2019)
4. \*Gutierrez., D., **Barden, S. M.**, & Tobey, M. H. (2014). Mejorando matrimonios: Relationship education as a vehicle to overcome barriers for Hispanic couples. *The Family Journal*, 22(2), 148-158. <https://doi.org/10.1177/1066480713513550>
3. **Barden, S. M.**, & Cashwell, C. (2013). Critical factors in cultural immersion: A synthesis of relevant literature. *International Journal for the Advancement of Counselling*, 35(4), 286-297. <https://doi.org/10.1007/s10447-013-9183-y>
2. West-Olatunji, C., Goodman, R. D., **Mehta, S.**, & Templeton, L. (2011). Creating cultural competence: An outreach immersion experience in southern Africa. *International Journal for the Advancement of Counselling*, 33, 335-346. <https://doi.org/10.1007/s10447-011-9138-0>
1. West-Olatunji, C., Sanders, T., **Mehta, S.**, & Behar-Horenstein, L. (2010). Parenting practices among low-income parents/guardians of academically successful fifth grade African American children. *Multicultural Perspectives*, 12(3), 138- 144. <https://doi.org/10.1080/15210960.2010.504475>

#### **Manuscripts Submitted for Publication in Refereed Journals**

**Barden, S. M.**, Carlson, R., Taylor, D., & Dickenson, T. (revise and resubmit). Randomized trial of relationship education using within our reach for economically vulnerable couples. *Family Process*.

Taylor, D., \*Tabet, S., \*Whitbeck, M., **Barden, S. M.**, & Carlson, R. (under review). Confirmatory factor analysis of the Outcome Questionnaire 45.2. *Journal of Mental Health Counseling*.

#### **PAPERS PRESENTED AT REFEREED PROFESSIONAL CONFERENCES**

\* *Denotes student collaboration on scholarly presentations*

#### **Invited Presentations**

11. **Barden, S.M.** (2021). *Engaging Participants Through to Completion*. Invited panelist for Healthy Marriage and Responsible Fatherhood Learning Lab.
10. **Barden, S.M.** (2021). *Fighting fairly: Tools for Couples*. Invited symposium presentation for College of Community Innovation and Education, University of Central Florida.
9. **Barden, S. M.**, Christian, S., \*Taubet, S., \*Petion, G., & \*Jasmin, G. (2018). *Mental health, body image and stigma for student athletes*. Invited presentation at the American Athletic Consortium, University of Central Florida.
8. **Barden, S. M.**, & \*Whitbeck, M. (2018). *Does it work? Relationship education for economically vulnerable couples*. Invited presentation at the University of Central Florida Counseling Conference.
7. **Barden, S. M.**, & \*Wheeler, N. (2016). *Skills for working with couples*. Invited presentation at the University of Central Florida Counseling Conference.
6. **Barden, S. M.**, & \*Flasch, P. (2015). *Strategies for international immersion*. Invited presentation at the University of Central Florida Counseling Conference.
5. Conley, A., Walsh, A., Van Horn, S., & **Barden, S. M.** (2013). *Helping children cope with crisis: Tips for school counselors following school and community violence*. Invited presentation at the University of Central Florida Counseling Conference.
4. **Mehta, S.**, & Clarke, P. (2010). *Listening Skills*. Invited workshop for Development Officers at the University of North Carolina at Greensboro.
3. **Mehta, S.**, & Hofmeier, S. (2010). *Social networking*. Invited presentation for PanHellenic Council at the University of North Carolina at Greensboro.
2. West-Olatunji, C. A., et al. (2008). *Culture-centered disaster counseling outreach in southern Africa*. Invited presentation for the Chi Sigma Iota Professional Development Day, Gainesville, Florida.
1. West-Olatunji, C. A., et al. (2006). *Engaged scholarship: Post-Katrina disaster response*. Invited presentation at the University of Florida, College of Education Lunch Presentation Series, Gainesville, Florida.

<b><i>International/ National Presentations</i></b>
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39. Carlson, R. G. & **Barden, S. M.** (2020). *Ongoing lessons learned from evaluation research on the federal healthy relationship and responsible fatherhood education initiative, 2005-2020, Panelists*. National Council for Family Relations, Virtual.
38. \*Mumbauer, J., **Barden, S.**, Kelchner, V. K. (2019, March). *Promoting mental health*

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- literacy among economically disadvantaged youth.* American Counseling Association. New Orleans, LA.
37. Carlson, R. G., & **Barden, S. M.** (2018, November). *Community-based education with low-income couples and individuals: Project Harmony.* Paper presented at the Association for Cognitive and Behavioral Therapies, Washington, D.C.
36. Dillman-Taylor, D., **Barden, S. M.**, Carlson, R. C., & \*Whitbeck, M. (2018, April). *Examining the impact of a couple intervention program on parental outcomes.* Paper presented at the American Counseling Association Conference, Atlanta, GA.
35. Dickenson, T. S., Carlson, R. G., & **Barden, S. M.** (2018, April). *Application of a Multivariate Multilevel Growth Model with Dyadic Data.* Poster/paper presented at the annual meeting of the American Educational Research Association, New York, NY.
34. **Barden, S. M.**, Dillman-Taylor, D., & Carlson, R. (2017, November). *Investigating the impact of relationship education for ethnically diverse couples.* Paper presented at National Council for Family Relations, Orlando, FL.
33. **Barden, S. M.**, Dillman Taylor, D., & Carlson, R. (2017, October). *Investigating the impact of relationship education for couples: A randomized controlled trial.* Paper presented at Association for Counselor Education and Supervision Conference, Chicago, IL.
32. \*Wood, A. W., **Barden, S. M.**, Terk, M., & Cesaretti, J. (2017, September). *Prostate cancer stigma's influence on quality of life and relationship satisfaction for survivors and their partners: A dyadic study.* Paper presented at the Association for Assessment and Research in Counseling Annual Conference, Tempe, AZ.
31. \*Crunk, E., **Barden, S. M.**, \*Gonzalez, J., Bai, H., Harris, S., Belser, C., & Oh, S. (2017, April). *A longitudinal investigation of multicultural competence in Counselor Education.* Paper presented at the American Education Research Association Conference, San Antonio, TX.
30. \*Saliba, Y., **Barden, S. M.**, \*Heard, N., & \*Mitchell, M. (2017, March). *The missing piece: Counselors and workplace wellness programs.* Paper presented at the American Counseling Association Conference, San Francisco, CA.
29. \*Gonzalez, J., & **Barden, S. M.** (2016, September). *Predictors of client outcome: Multicultural competence and the working alliance.* Paper presented at the American Association for Research and Counseling, Ft.Lauderdale, FL.
28. **Barden, S. M.** (2016, September). *Does relationship education influence parental alliance?* Paper presented at the American Association for Research and Counseling, Ft.Lauderdale, FL.
27. Ohrt, J. H., Gonzales, S., & **Barden, S. M.** (2016, April). *Adolescents' expectations of school*

- counselors*. Paper presented at the American Counseling Association Conference, Montreal, CA.
26. **Barden, S. M.** (2015, April). *International immersion: Developing intercultural sensitivity for counselors*. Paper presented at the American Educational Research Association, Chigago, IL.
  25. Conley, A. H., **Barden, S. M.**, & Taylor, J. (2015, March). *Power-based personal violence (PBPV): A 20 year content analysis of ACA journals to inform practice*. Paper presented at the American Counseling Association Annual Conference, Orlando, FL.
  24. **Barden, S. M.** (2015, March). *Breast cancer and Latina couples: A cosensual qualitative research design*. Paper presented at the American Counseling Association Annual Conference, Orlando, FL.
  23. \*Gutierrez, D., \*Gonzalez, J., & **Barden, S. M.** (2014, September). *Understanding the influence of breast cancer on Latina couples: A dyadic qualitative research design*. Paper presented at the Association for Assessment and Research in Counseling National Conference, Moline, IL.
  22. Carlson, R. G., **Barden, S. M.**, & Daire, A. P. (October, 2013). *Relationship education with low income, ethnically diverse couples: Challenges and Successes*. Paper presented at the Association for Counselor Education and Supervision, Denver, CO.
  21. Conley, A. H., Van Horn, S., & **Barden, S. M.** (October, 2013). *Helping students cope with crisis: Tips for school counselors and educators following school and community violence*. Paper presented at the Association for Counselor Education and Supervision, Denver, CO.
  20. \*Gonzalez, J., & **Barden, S. M.** (October, 2013). *Existential counseling as a vehicle to support Latina breast cancer survivors*. Paper presented at the Association for Counselor Education and Supervision, Denver, CO.
  - 19.\* Zeligman, M., & **Barden, S. M.** (October, 2013). *A narrative approach to supporting clients living with HIV*. Paper presented at the Association for Counselor Education and Supervision, Denver, CO.
  18. \*Limberg, D., Robinson, E. H., **Barden, S. M.**, & Hundley, G. H. (2013, March). *Cross cultural examination of counseling students altruism*. Paper presented at the American Counseling Association Annual Conference, Cincinnati, OH.
  17. \*Zeligman, M., **Barden, S. M.**, \*Prescod, D. J., & \*Gonzalez, J. (2013, March) *Are you there God? It's me, client: Using narrative therapy with clients with spiritual concerns*. Paper presented at the American Counseling Association Annual Conference, Cincinnati, OH.

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16. **Barden, S. M.**, Carlson, R., & Daire, A. (2012, November). *Establishing Domestic Violence Protocols for Couples Counseling in Military Settings*. Paper presented at the European Branch-American Counseling Association, Wiesloch, Germany.
  15. **Barden, S. M.**, \*Limberg, D., & \*Super, J. (2012, November). *Living life more fully: Infusing wellness and preventing burnout in our professional and personal lives*. Paper presented at the European Branch-American Counseling Association, Wiesloch, Germany.
  14. **Barden, S. M.**, & \*Greene, J. (2012, September). *Experiential activities in multicultural counseling as a vehicle for increasing competence and self-efficacy*. Paper presented at the Association for Assessment and Research in Counseling, Orlando, FL.
  13. Carlson, R., **Barden, S. M.**, & Daire, A. (2012, September). *Measuring outcomes in relationship interventions: Challenges and strategies for success*. Paper presented at the Association for Assessment and Research in Counseling, Orlando, FL.
  12. Daire, A., Carlson, R., & **Barden, S. M.** (2012, September). *Developing and sustaining a research institute in a university environment*. Presented at the Association for Assessment and Research in Counseling, Orlando, FL.
  11. **Mehta, S.** (2011, October). *International immersion: An exploratory study of critical factors, sustained impact and counselor development*. Paper presented at the European Branch-American Counseling Association, Bad Herrenalb, Germany.
  10. \*Limberg, D., \*Super, J., & **Mehta, S.** (2011, October). *Enhancing counseling skills through reflective practice*. Paper presented at the European Branch- American Counseling Association, Bad Herrenalb, Germany.
  9. **Mehta, S.** (2011, October). *International immersion: An exploratory study of critical factors, sustained impact and counselor development*. Paper presented at the Association for Counselor Education and Supervision, Nashville, TN.
  8. Mobley, K., **Mehta, S.**, Shannonhouse, L., & Reese, R. (2011, October). *Global perspectives: A comparative study of the impact of international immersion for counselor trainees*. Paper presented at the Association for Counselor Education and Supervision, Nashville, TN.
  7. Lewis, L., Likis-Werle., **Mehta, S.**, Shannonhouse, L., & Mobley, K. (2011, October). *Perspectives on international cultural immersion and service learning in counselor education*. Paper presented at the Association for Counselor Education and Supervision, Nashville, TN.
  6. **Mehta, S.** (2011, March). *International immersion: Critical factors to create short and long term transformational effects for counselor trainees*. Paper presented at the American Counseling Association, New Orleans, LA.

5. **Mehta, S.**, & Graves, E. (2009, October). *Innovative interventions when working with survivors of trauma*. Paper presented at the Association for Counselor Education and Supervision, San Diego, CA.
4. Goodman, R. D., West-Olatunji, C. A., & **Mehta, S.** (2008, March). *Advocacy and outreach in Southern Africa: Using critical consciousness to engage in social justice*. Paper presented at the International Psychology Convention, Chicago, IL.
3. **Mehta, S.**, West-Olatunji, C. A., & Sanders, T. (2007, June). *Parenting practices among parents/guardians of academically successful children in high poverty communities*. Paper presented at the Association for Multicultural Counseling and Development and Association for Counselor Education and Supervision International Conference, Johannesburg, South Africa.
2. West- Olatunji, C. A., Sanders, T., & **Mehta, S.** (2007, May). *Parenting practices of academically successful children in high poverty communities*. Paper presented at the National Black Child Development Institute, Chicago, IL.
1. Torres, E.R., **Mehta, S.**, Peace, P., & Tate, K. (2007, March). *Advocating for social justice in the curriculum for counselor trainees*. Paper presented at the American Counseling Association, Detroit, MI.

### **Regional Presentations**

9. Dillman-Taylor, D., **Barden, S.M.**, Carlson, R.C. (2018, March). *Examining the impact of a couple's intervention on parental outcomes*. Paper presented at the Southern Association for Counselor Education and Supervision, Myrtle Beach, SC.
8. Conley, A. H., **Barden, S. M.**, & Young, M. E. (October, 2014). *The integration of biology and wellness: Missing in action in counselor education?* Paper presented at the Southern Association for Counselor Education and Supervision, Birmingham, AL.
7. Gutierrez, D., **Barden, S. M.**, \*Gonzalez, J., & \*Wood, A. (October, 2014). *Cancer related fatigue*. Paper presented at the Southern Association for Counselor Education and Supervision, Birmingham, AL.
6. \*Gonzalez, J., **Barden, S. M.**, & Gutierrez, D. (October, 2014). *Existential counseling as a vehicle to support Latina breast cancer survivors*. Paper presented at the Southern Association for Counselor Education and Supervision, Birmingham, AL.
5. **Barden, S. M.**, Shannonhouse, L., & Clarke, P. (2012, September). *The effectiveness of a wellness-oriented psycho-educational support group for cancer survivors*. Paper presented at the Southern Association for Counselor Education and Supervision, Savannah, GA.

4. **Barden, S. M.,** \*Greene, J., & Richardson, E. (2012, September). *Multicultural self-efficacy and competence: Innovative ideas for counseling professionals*. Paper presented at the Southern Association for Counselor Education and Supervision, Savannah, GA.
3. **Barden, S. M.,** Mobley, K., & Shannonhouse, L. (2012, September). *The impact of cultural immersion for counselor trainees' development: A comparative study*. Paper presented at the Southern Association for Counselor Education and Supervision, Savannah, GA.
2. **Mehta, S.,** & Graves, E. (2010, October). *Facilitating post traumatic growth for trauma survivors*. Paper presented at the Southern Association for Counselor Education and Supervision, Williamsburg, VA.
1. Goodman, R. D., West-Olatunji, C. A., & **Mehta, S.** (2008, October). *Responding to disasters: Training counselors for culturally competent outreach*. Paper presented at the Southern Association for Counselor Education and Supervision, Houston, TX.

## TEACHING AND SUPERVISION EXPERIENCE

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Please note: *Dr. Barden has consistently received scores of "Excellent" on her student teaching evaluations.*

### GRADUATE COURSES University of Central Florida

#### Doctoral Level:

##### **MHS 7311: External Grant Writing in Counselor Education**

Doctoral seminar focused on skills, principles and techniques of successful grant writing.  
*Summer 2013, Spring 2015, Spring 2017, Spring 2019, Spring 2021*

##### **MHS 7901: Advanced Practicum in Counselor Education**

Provides doctoral students an opportunity to learn and demonstrate advanced counseling skills.  
*Spring 2012, Spring 2013*

##### **MHS 7611- Supervision in Counselor Education**

Doctoral seminar focused on examining the process and various theories, approaches, and models of supervision in counselor education.  
*Summer 2015, Summer 2017*

#### Masters Level:

##### **MHS 5005- Introduction to Counseling**

Provides an overview of the counseling profession.  
*Fall 2015, Fall 2016, Fall 2019, Fall 2021*

**MHS 6420: Foundations of Multicultural Counseling**

Reviews knowledge and research pertaining to multicultural counseling and social justice issues, develops skills and personal awareness, and examines attributes that affect counseling diverse populations.

*Spring 2012, Summer 2012*

**MHS 6430: Family Counseling I**

Provides a foundation of processes and family counseling theories.

*Fall 2012, Fall 2013*

**MHS 6440: Couples Counseling**

Provides an overview of theories, techniques and active demonstrations when working with couples.

*Summer 2013, Summer 2014, Summer 2015, Summer 2018, Summer 2019*

**MHS 6500: Group Procedures and Theories of Counseling**

Provides an overview of theories group counseling, emphasizing processes and application of groups.

*Fall 2012, Spring 2013, Fall 2013, Spring 2014*

**MHS 6702: Ethical and Legal Issues in Counseling**

Provides an overview of the ethical and legal practices in the field of counseling with specific focus on the professional issues of practice.

*Fall 2011*

**MHS 6803: Practicum I and II**

Supervised application of counseling skills, theories and competencies with clients, emphasizing competence in individual, group and family counseling

*Fall 2011, Summer 2012, Fall 2012, Fall 2013, Spring 2014, Fall 2014, Fall 2015, Spring 2017, Spring 2019*

University of North Carolina at Greensboro

**Co-Instructor****CED 588: Global Perspectives in Counseling**

Studies of global issues in counseling through experiential learning on the social impact of environmental factors on individuals; focus on importance of cultural sensitivity in counseling.

*Summer 2011*

**CED 605: Counseling Diverse Populations**

Review of counseling issues relevant to race/ethnicity, gender, sexual orientation, and other diversity topics.

*Fall 2010*

**CED 610: Helping Relationships**

Instructed course on studies of fundamental principles of providing a helping relationship through counseling and interviewing are integrated in a conceptual framework for subsequent professional studies in helping professions.

*Fall 2010*

**Supervision****CED 679: Advanced Counseling Practicum**

Supervised application of counseling skills, theories and multicultural competencies with clients in Departmental Clinic, provided intense/close supervision for counselors in training.

*Spring 2011, Spring 2010*

**CED 680: Counseling Internship**

Supervised clinical community counseling experiences for counselors in training, conducted site visits, formative and summative evaluations of clinical competencies.

*Fall 2010*

**CED 756: Advanced Counseling Theories and Practice**

Supervised doctoral students focused on one or more in-depth theoretical approaches when counseling diverse populations.

*Fall 2009*

**CED 612: Developmental Counseling**

Supervised counseling sessions and provided feedback to advanced Master's level students learning and implementing developmental theories and processes of diverse individuals, families, and groups.

*Spring 2009*

**CED 641: Counseling Children**

Supervised practicum groups focused on case conceptualization and intervention strategies for working with young children in school and community settings, with an emphasis on play therapy and behavioral interventions.

*Spring 2009*

**CED 687: Diagnosis and Treatment Planning in Counseling**

Supervised practicum groups focused on skills needed to diagnose accurately and effectively and to develop a comprehensive treatment plans.

*Spring 2009*

**CED 648: Foundations of School Counseling**

Supervised practicum groups focused on the experiences of students in school settings, including their roles and functions of school counselors.

*Fall 2008*

**CED 605: Counseling Diverse Populations**

Supervised practicum groups focused on the experiences of students in service learning projects with diverse populations.

*Fall 2008*

**CED 642: Substance Abuse Counseling**

Supervised practicum groups focused on the experiences of students attending support groups for persons with addictions, focusing on counseling intervention strategies related to prevention, substance use, abuse and dependency.

*Fall 2008*

**CED 669: Career Development and Career Counseling**

Supervised practicum groups focused on the experiences of students counseling clients using traditional and contemporary career development theories.

*Fall 2008*

**UNDERGRADUATE COURSES**

University of North Carolina at Greensboro

**CED 210: Career and Life Planning**

Instructed course on studies of values, interests, abilities, and personality traits and roles they play in career decision-making.

*Fall 2009, Spring 2010*

**DOCTORAL DISSERTATIONS**

*Chair/Co-Chair*

**CHAIR**

Wilson, N. (2020-2021). *Couples with infertility: The dyadic influence of quality of life, relationship satisfaction, resilience, depression, and shame*. (Counselor Education, University of Central Florida).

Saliba, Y. (2017-2018). *Playfulness, depression, and subjective age: Influence on quality of life for aging adults*. (Counselor Education, University of Central Florida).

Wheeler, N. (2016-2017). *Exploring relationship quality as a dyadic mediator of adverse childhood experiences and health for economically disadvantaged couples*. (Counselor Education, University of Central Florida).

Wood, A. (2013-2015). *The influence of stigma on quality of life and relationship satisfaction for prostate cancer survivors and their partners*. (Counselor Education, University of Central Florida).

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Gonzalez, J. (2013-2015). *Client outcome: An exploratory investigation of multicultural competencies and the working alliance*. (Counselor Education, University of Central Florida).

### **CO-CHAIR**

Wright, G. (2021-present). *Career and work life balance*. Co-Chairs: **Dr. Sejal M. Barden** and Dr. Glenn W. Lambie.

Mumbauer, J. (2018-2019). *Investigating the impact of a school based mental health literacy intervention*. Co-Chairs: **Dr. Sejal M. Barden** and Dr. Viki Kelchner.

Bierbrauer, S. (2016-2017). *Investigating the relationships between educator inspiration, burnout, and compassion*. Co-Chairs: **Dr. Sejal M. Barden** and Dr. Glenn W. Lambie.

Griffith, C. L. (2012-2014). *The impact of a group counseling intervention on lesbian, gay, bisexual, transgender and queer older adolescents' levels of hope, coping and suicidality*. (Counselor Education, University of Central Florida). Co-Chairs: **Dr. Sejal M. Barden** and Dr. Glenn W. Lambie.

Zeligman, M. (2012-2014). *Exploring the influence of stigma, level of trauma, and social support on the experience of posttraumatic growth in adults living with HIV*. (Counselor Education, University of Central Florida). Co-Chairs: **Dr. Sejal M. Barden** and Dr. Bryce Hagedorn.

<b>Committee Member</b>
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Russell, B. (2020-2021). Highly sensitive child scale for preschool children. (Counselor Education, University of Central Florida). Chair: Dr. Dalena Taylor.

Madhubhai, S. (2018-2019). A path analysis of the relation between stress, person-environment fit, and turnover intention of wait staff in central Florida independent and regional chain restaurants. (Doctorate of Education, University of central Florida). Chair: Dr. Michele Gill.

Kim, N. (2018-2019). The relationship between first generation college students' levels of public and personal stigma, social support, perceived discrimination, and help-seeking attitudes. (Counselor Education, University of Central Florida). Chair: Dr. Dalena Taylor.

Taubet, S. (2018-2019). *An investigation of college student-athletes' levels of mental health stigma, help-seeking attitudes, and psychological & sport well-being scores using structural equation modeling*. (Counselor Education, University of Central Florida). Chair: Dr. Glenn Lambie.

- Holladay, K. (2014-2016). *Cyber-bullying and sexual assault*. (Counselor Education, University of Central Florida). Chair: Dr. Bryce Hagedorn.
- Ali, S. (2014-2016). *Intervention on LGBTQ+ young adults coping, social support and coming out growth*. (Counselor Education, University of Central Florida). Chair: Dr. Glenn Lambie.
- Bloom, Z. (2014-2016). *The influence of online dating on emerging adults levels of empathy, objectification of others and quality of romantic relationships*. (Counselor Education, University of Central Florida). Co-chairs: Dr. Glenn Lambie and Dr. Dalena Taylor.
- Hall, K. (2012-2014). *Getting to the source: Understanding the mental health messages of US army ROTC students*. (Counselor Education, University of Central Florida). Co-chairs: Dr. Kent Butler and Dr. Bryce Hagedorn.
- Sherrell, R. (2012-2014). *The contribution of college students' attachment styles and social media practices on their relationship development*. (Counselor Education, University of Central Florida). Chair: Dr. Glenn Lambie.
- Limberg, D. (2012-2013). *School counselors: An analysis of burnout, altruism and wellness*. (Counselor Education, University of Central Florida). Co-Chairs: Dr. Mike Robinson and Dr. Glenn Lambie.
- Myers, H. (2011-present). *Encouraging positive adaptation for new parents: Incorporating fifty years of transitioning data into counseling practice*. (Counselor Education, University of Central Florida). Chair: Dr. Mike Robinson.

## UNDERGRADUATE/MASTERS THESIS/PRESENTATIONS

- \*Romero, M., \*Montenegro, N., & **Barden, S. M.** (April, 2018). *Hispanic couples: An investigation of the relationships between emotion regulation, psychological distress and dyadic coping*. Poster presented at the 15th annual Showcase of Undergraduate Research Excellence at the University of Central Florida, Orlando, FL.
- Canty, Meredith (2017). *Adolescent mothers' knowledge and implementation of strategies to increase their children's language development*. Honors Undergraduate Thesis.

## STUDENT-MENTEE RECIPEINT OF AWARDS

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Jayna Mumbauer <i>Association for Counselor Educators and Supervisors Dissertation Award</i>	2019
Jayna Mumbauer <i>UCF Graduate Dissertation Fellowship</i>	2018

Sejal M. Barden	23
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Gilarys Garcia <i>University of Central Florida, Research and Mentoring Program Fellow</i>	2018
Megan Whitbeck <i>University of Central Florida, 3rd Place Award at Graduate Research Forum</i>	2018
Yvette Saliba <i>UCF Graduate Dissertation Fellowship</i>	2017
Naomi Wheeler <i>Association for Counselor Educators and Supervisors Dissertation Award</i>	2017
Naomi Wheeler <i>American Counseling Association Glen E. Hubele National Graduate Student Award</i>	2017
Naomi Wheeler <i>Association for Assessment and Research in Counseling, Exemplary Practice: Doctoral Student</i>	2016
Naomi Wheeler <i>University of Central Florida, 1<sup>st</sup> Place Award at Graduate Research Forum</i>	2016
Jessica Gonzalez <i>Association for Multicultural Counseling Graduate Student Award</i>	2015
Daniel Gutierrez <i>Graduate Grant Research Assistance Student Project Award (G<sup>2</sup>RASP)</i>	2013
Jessica Gonzalez <i>Graduate Grant Research Assistance Student Project Award (G<sup>2</sup>RASP)</i>	2013
Krystal Christopher <i>UCF Summer Research Fellowship Recipient</i>	2012

## **LICENSURE AND CERTIFICATIONS**

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Approved Clinical Supervisor (ACS01113)	2011-2016
Licensed Professional Counselor (7964)	2010-2016
National Certified Counselor (225360)	2007-2016

## **PROFESSIONAL SERVICE AND COMMUNITY PARTNERSHIPS**

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<i>Professional Service</i>
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**National Service**

**Association for Counselor Educators and Supervisors**

Appointed Member, Special Research Committee, Chair	2021-present
Appointed Member, Budget Committee Member	2020-2021
Appointed Member, Governing Council Member	2020-present
Graduate Student Faculty Liaison, Executive Committee	2011-2012
Graduate Student Representative, Executive Committee	2010-2011

**American Counseling Association**

Appointed Member, Research and Sustainability Committee	2016-2019
Appointed Member, International Counseling Committee	2014-2017
Appointed Member, Faculty Mentor	2013-2015
Appointed Member, International Counseling Interest Network	2012-2015

**Editorial Board Member**

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<i>Journal for Multicultural Counseling and Development</i>	2014-2018
<i>Journal for Specialists in Group Work</i>	2012-2018

**Chi Sigma Iota International**

Member, Community Engagement Committee	2010-2013
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**Regional Service**

**Southern Association for Counselor Education and Supervision**

President	2021-2022
President-Elect	2020-2021
Secretary	2013- 2015

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Research Grant Reviewer	2013-2015
Co- Chair, Strategic Planning Committee	2012-2015
Graduate Student Representative	2009-2010

***Community Partnerships: Active Memoranda of Understandings***

- Career Source Central Florida
- Centro de Ayuda Hispana
- Christian HELP
- Florida Department of Children and Families
- Florida Department of Revenue Child Support Enforcement
- Orange County Department of Health
- Safe House of Seminole
- Seminole County Department of Health

***University/College/Department Service***

***University Level***

- UCFoward Budget Re-Design Steering Committee, Appointed by the President (2019-2020)
- Faculty Senate at Large- Representative (2019-2020)
- Faculty Senate Budget Committee (2019-2020)
- SoTL Review Committee (2018-2019)

***College of Community Innovation and Education***

- Research Committee (2018- present)
- Research Incentive Award Committee (2017-2019)
- Faculty Senate at Large- Representative, Alternate (2017-2019)
- Research Committee, Alternate (2015-2018)
- Associate Dean for Research Search Committee (2015-2016)
- Teaching Incentive Portfolio Selection Committee (2014-2015)
- Teaching Incentive Portfolio Criterion Committee (2013-2017)
- Honors in the Major Committee (2014-present)
- Instructor and Lecturer Promotion Committee (2014-2017)
- Research Committee (2012—2018)
- Undergraduate Standards and Curriculum Committee Member (2012—2013)
- Research Incentive Award Committee (2017-2018; 2016-2017; 2012-2013)

***Department of Counselor Education and School Psychology***

- CESP Faculty Member (2011—present)

- Track Coordinator for Marriage, Couples and Family Therapy Degree Program (2013-present)
- Academic Advisor for students in the Marriage, Couples and Family Therapy Degree Program (2011—present)
- Certificate Coordinator for Marriage, Couples and Family Therapy Certificate Program (2013-2020)
- Institutional Effectiveness Coordinator for Marriage, Couples and Family Therapy Degree Program (2013-present)
- Chair of Faculty Search Committee for Assistant Professor in Counselor Education—Marriage, Couples, and Family Therapy (2014-2015)
- Member of Faculty Search Committee for Assistant Professor in Counselor Education—School Counseling (2014-2015)
- Human Service Minor Committee (2014-2016)
- On-Site Team Member for Council for Accreditation of Counseling and Related Educational Programs (2013-present)
- Coordinator of Clinical Experiences: Counselor Education Program (2013-2014)
- Council for Accreditation of Counseling and Related Educational Programs Self Study Team (2012-2103)
- New Faculty Search Committee (2013)

## **RELATED CLINICAL EXPERIENCE**

### **Family Therapist**

2010-2011

#### *Family Services of the Piedmont*

- Conducted clinical intake assessments and provided therapy for children, adolescents and adults
- Formulated evidenced-based treatment plans and collaborated on therapeutic goals with clients
- Participated in interdisciplinary team to assess client progress and treatment outcomes

### **Co-Facilitator of Cultural Immersion for Graduate Students**

2010-2011

#### *University of North Carolina at Greensboro*

- Assisted in planning, development and trainings for international immersion trips to Costa Rica
- Co-taught courses in Costa Rica, including facilitating reflection groups and service learning projects
- Conducted research studies on implications of international immersions for counselors

### **Guatemala Travel Study: Contemporary Counseling Issues**

2010

#### *Winonna State University, Department of Counselor Education*

- Participated in 12-day international immersion experience with faculty and students from the United States

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- Engaged in dialogue with global helping professionals at local universities and counseling agencies
- Bereavement Counselor** 2009-2010  
*Wesley Long Community Hospital, Greensboro, NC*  
*Regional Cancer Center, Pastoral Care*
- Provided grief counseling for individuals, families and groups coping with medical illness
  - Created and facilitated workshops/groups for cancer patients and caregivers
- Family Counselor/Case Manager** 2007-2008  
*CDS Family and Behavioral Services, Inc.*
- Conducted individual and family counseling to children and adolescents with ungovernable behavior, habitual truancy, runaway, and other school and home related issues
  - Provided agency, school and home- based services to families in need and children in need in Levy County
- South Africa/Botswana Clinical Outreach Experience** 2007  
*University of Florida, Department of Counselor Education*
- Participated in 23-day outreach trip with peer colleagues, professors and clinicians
  - Provided counseling services to community members infected and affected with HIV/AIDS in South Africa and Botswana
  - Engaged in global scholarship by presenting at international conference and roundtable discussions
- Gulf Coast Clinical Outreach Experience** 2006  
*University of Florida, Department of Counselor Education*
- Participated in outreach team comprised of faculty and students to address emotional effects of Hurricane Katrina's devastation
  - Provided counseling services to community members at a New Orleans Charter School

## PROFESSIONAL DEVELOPMENT

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### National/International

- Dyadic Data Analysis Training 2017
- National Institute of Health Regional Seminar Attendee 2013
- National Cancer Institute Selected Attendee 2013  
 Summer Program in Cancer Prevention and Cancer Control

### University of Central Florida

- Faculty Center for Teaching and Learning: Summer Faculty Development Conference 2015

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Faculty Center for Teaching and Learning: Improving Student Learning by Design Series	2015
Scholarship of Teaching and Learning Retreat: Faculty Center for Teaching and Learning	2013
Faculty Center for Teaching and Learning: Summer Faculty Development Conference	2013
Instructional Design Learning Semester Long Course Development (IDL 6543)	2013
National Institute of Health Faculty Mentoring Group	2012-2013
Faculty Center for Teaching and Learning: Manuscript Development Workshops	2012
Preventive Relationship Education Program (PREP), Trainer	2012
Faculty Center for Teaching and Learning: Summer Faculty Development Conference	2012
Faculty Center for Teaching and Learning: Winter Faculty Development Conference	2011
Faculty Center for Teaching and Learning: New Faculty Workshops	2011-2012

## **PROFESSIONAL MEMBERSHIPS**

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American Association for Marriage and Family Therapy	2015-present
American Educational Research Association	2014-present
Chi Sigma Iota Honors Society	2009—present
Association for Counselor Educators and Supervisors	2009—present
Southern Association for Counselor Educators and Supervisors	2008—present
Association for Multicultural Counseling and Development	2007—present
American Counseling Association	2006—present