

About the Study

The purpose of this study is to investigate the influences of school-based telecounseling services on elementary school students' behavioral and emotional functionality. Students participating in the study and receiving the telecounseling services may experience an increase in their effective self-regulation, which is linked to positive behaviors such as better school performance and interpersonal relationships.

The telecounseling services are provided for students at Hamilton, Midway, and Pine Crest Elementary Schools. The telecounseling sessions last approximately 50 minutes and include weekly meetings. The telecounseling sessions are facilitated by Master's level counselors-in-training that are under the direct supervision of an appropriately credentialed clinical supervisor.

Appointment and Intake Policy

If you are interested in having your child participate in this research and receive telecounseling services at no cost, you may contact Galaxina Wright from UCF at: (407) 823-3788 or galaxina.wright@ucf.edu.

You will be asked to schedule an initial remote intake meeting with a counselor to ensure your child meets criteria to participate in the research study and receive our telecounseling services.

If your child does not meet the criteria to participate in the investigation and receive our telecounseling services, the counselor will provide you with an appropriate referral.

University of Central Florida

College of Community
Innovation and Education

Department of Counselor Education
and School Psychology

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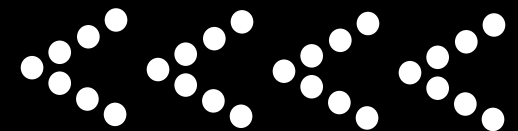
Influence of School-Based Telecounseling on Elementary School Students

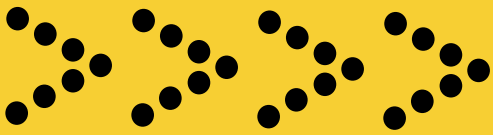
A Partnership between SCPS
and the UCF College of Community
Innovation and Education

Telecounseling Services for Students and Families at Hamilton, Midway, and Pinecrest Elementary Schools



College of Community
Innovation and Education





Telecounseling Services

Students participating in this research and receiving telecounseling services will work to make better choices at school and home, improving their problem solving skills and strengthening their relationships with peers and adults.



Common Telecounseling Goals Include:

- Improving Communication Skills
- Managing Feelings of Anger
- Strengthening Academic Skills
- Promoting Positive Decision Making Strategies
- Enhancing Interpersonal Skills
- Promoting Positive Behaviors at Home and in School



About the Partnership

The primary purpose of the Seminole County Public Schools (SCPS) & UCF College of Community Innovation and Education Partnership is to provide telecounseling services **at no cost** to students and their families within their own community (elementary schools), promoting their academic and personal-social development.



The Research

You will be asked to complete the *assessments*, which measures caregivers' perspectives of their child's behavior and emotional functioning. In addition, we also collect participating students' information (i.e., number of discipline referrals). The intent of gathering information relating to the students is to examine the influence the school-based telecounseling services have on your child.



Structure of Research and Telecounseling Services

If you would like your child to participant in this research and receive telecounseling services **at no cost** on Monday afternoons from 2:30-3:30 p.m. or Tuesday afternoons from 2:30 to 5:30 p.m. or Thursday afternoons from 2:30-5:30 p.m. (with the exception of holidays and semester breaks), we will explain all research processes prior to collecting any information. All research information collected is confidential and all findings are presented in an aggregated format (e.g., no individual names or identifiers included). All our research processes will be explained to you and your child at a remote prescreening meeting with a research team member. You may decide not to have your child continue in the research study at any time without it being held against you or your child. There are no adverse consequences if you decide to have your child leave the research study.

