

CURRICULUM VITAE

Melissa Zeligman, Ph.D., LPC, NCC
Assistant Professor
University of Central Florida
Counselor Education & School Psychology
College of Community Innovations and Education
Orlando, FL 32816-1250

Education

Doctor of Philosophy (Ph.D.), Counselor Education, 2014

University of Central Florida, Orlando Fl. (CACREP accredited)

Dissertation Title: Exploring the Influence of Stigma, Level of Trauma, and Social Support on the Experience of Posttraumatic Growth in Adults Living with HIV.

Master of Arts (M.A.), Mental Health Counseling, 2009

Rollins College, Winter Park Fl. (CACREP accredited)

Bachelor of Science (B.S.), Psychology, Minor Religious Studies, 2006

University of North Florida, Jacksonville Fl.

Professional Certifications

- Licensed Professional Counselor (LPC008531) (2015- *present*)
- National Certified Counselor (613680) (2015- *present*)

Academic Positions

Assistant Professor
(2019- Present)

University of Central Florida
Counselor Education & School Psychology
College of Community Innovation and Education
Orlando, Florida

Responsibilities include teaching and advising masters and doctoral level students (2/2 teaching load), including chairing and serving on dissertation committees; serving as coordinator for undergraduate human services minor; maintaining active research agenda; serving in university, college, and departmental service; and participating in admissions processes and annual student reviews.

Assistant Professor
(2014- 2019)

Georgia State University
Counseling & Psychological Services
College of Education
Atlanta, Georgia

Responsibilities included teaching and advising masters and doctoral level students (2/2/ teaching load), including chairing and serving on dissertation committees; serving as director of counseling skills program; maintaining active research agenda; serving in university, college, and departmental service; and participating in admissions processes and annual student reviews.

Research Agenda

- HIV and other chronic illnesses
- Trauma and trauma reactions (e.g., posttraumatic growth, dissociation, meaning making)
- Counselor Education & clinical skill development for counselors-in-training.

Publications in Refereed Journals

*** denotes student collaboration on scholarly publications**

41. Coleman, J.*, Ajetomobi, R*, Huttman, V.*, & **Zeligman, M.** Sustained recovery from crystal meth use: A consensual qualitative research study. *Journal of Addictions & Offender Counseling*. (Scheduled for 10/2021 publication)
40. **Zeligman, M.**, Norris, E. K.*, Coleman, J.*, & Wood, A. W. (In Press). Virtues as Correlates and Predictors of Posttraumatic Stress and Growth. *Counseling & Values*. <https://doi.org/10.1002/cvj.12157> (Scheduled for 10/2021 publication)
39. **Zeligman, M.**, & Joe, J. R. (2020). Counselors-in-training reactions to clients living with and without HIV. *Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education*, 2(2), 69-79. <https://doi.org/10.34296/02021041>
38. Wood, A., **Zeligman, M.**, Collins, B., Foulk, M.*, & Gonzalez-Voller, J. (2020). Health orientation and fear of cancer: Implications for counseling and integrated care. *Journal of Mental Health Counseling*, 42(3), 265-279. <https://doi.org/10.17744/mehc.42.3.06>
37. Rabess, A.*, Tarziers, K.*, Coleman, J.*, Istre, M.*, & **Zeligman, M.** (2020). Shifting the culture of counseling skills courses: Alleviating pervasive anxiety through experiential approaches. *Journal of Counselor Practice*, 11(2), 44-65. <https://doi.org/10.22229/stc1122020>
36. **Zeligman, M.**, Majuta, A. R., & Shannonhouse, L. R. (2020). Posttraumatic growth in prolonged drought survivors in Botswana: The role of social support and religious coping. *Traumatology*, 26(3), 308-316. <http://doi.org/10.1037/trm0000237>
35. Fox, J., Picciotto, G., Cashwell, C., Worthington, E. L., Basso, M. J., Brow-Corrigan, S. E., & **Zeligman, M.** (2020). Religious commitment, spirituality, and attitudes toward God as

- predictors of psychological help seeking: The mediating role of spiritual bypass. *Spirituality in Clinical Practice*, 7(3), 178-196. <https://doi.org/10.1037/scp0000216>
34. Prescod, D. J., **Zeligman, M.**, Greene, J. H., & Hall, K. (2020). Navigating the therapeutic waters: How counselors develop and utilize their theoretical orientation. *Journal of Counselor Practice*, 11(1), 55-84. <http://doi.org/10.22229/ntt1112020>
33. **Zeligman, M.**, Prescod, D. J., & Haynes-Thoby, L.* (2020). The relationship between trauma symptoms, developmental work personality, and vocational identity. *The Journal of Counselor Preparation and Supervision*, 13(1). <https://doi.org/10.7729/131.1323>
32. **Zeligman, M.**, Ataga, J.*, & Shaw, Z.* (2020). Posttraumatic growth in trauma survivors: Associations with attachment to God and God representation. *Counseling and Values*, 65(2), 155-169. <https://doi.org/10.1002/cvj.12135>
31. Tolleson, A.*, & **Zeligman, M.** (2019). Creativity and posttraumatic growth in those impacted by a chronic illness/disability. *Journal of Creativity in Mental Health*, 14(4), 499-509. <https://doi.org/10.1080/15401383.2019.1632769>
30. Shannonhouse, L., **Zeligman, M.**, Scherma, H.*, Luke, M., Schweiger, W., & Wanna, R.* (2019). Mental health facilitator (MHF) service implementation in Mexico: A community mental health strategy. *Journal of Counselor Leadership and Advocacy*, 6(2). 114-128. <https://doi.org/10.1080/2326716X.2019.1637303>
29. **Zeligman, M.**, Grossman, L.*, & Tanzosh, A.* (2019). Posttraumatic growth in trauma survivors: Meaning making and Locus of Control. *Journal of Counselor Practice*, 10(2), 1-21. <https://doi.org/10.22229/ptg1022019>
28. DeBlaere, C., Shodiya-Zeumault, S.*, Hinger, C., Cobourne, L., Davis, D. E., Zelaya, D. G.*, Chadwick, C. N.*, **Zeligman, M.**, Hook, J. N., & Owen, J. (2019). Cultural humility with religious and spiritually diverse women of color clients: A psychometric analysis. *Journal of Psychology and Theology*, 47(2), 87-99. <https://doi.org/10.1177/0091647119837016>
27. McCullough, R.*, Dispenza, F., Chang, C. Y., & **Zeligman, M.** (2019). Correlates and predictors of anti-transgender prejudice. *Psychology of Sexual Orientation and Gender Diversity*, 6(3), 359-368. <https://doi.org/10.1037/sgd0000334>
26. Roach, A. T., Dispenza, F., **Zeligman, M.**, Stair, A., & Kelly, B. (2019). Evaluating the availability and quality of HIV/AIDS services and supports for individuals with intellectual and developmental disabilities. *Ethnicity & Disease*, 29(2), 435-440. <https://doi.org/10.18865/ed.29.S2.435>

25. **Zeligman, M.**, McElroy-Heltzel, S. E., Davis, E. B., Dispenza, F., Davis, D. E., & DeBlaere, C. (2019). Posttraumatic growth and trauma in flood survivors: Contributions of attitudes toward God. *Journal of Mental Health Counseling, 41*(2), 127-143. <https://doi.org/10.17744/mehc.41.2.03>
24. Shannonhouse, L., Bialo, J., Majuta, A., **Zeligman, M.**, Davis, D., McElroy, S., Aten, J...Hook, J. N. (2019). Conserving resources after chronic disaster: Impacts of religious and meaning-focused coping on Botswana drought survivors. *Journal of Psychological Trauma, 11*(2), 137-146. <https://doi.org/10.1037/tra0000420>
23. **Zeligman, M.**, Shannonhouse, L. R., Scherma, H.* , Luke, M., Schweiger, W., & Wanna, R. S.* (2019). Mental health facilitator (MHF) implementation in Mexico: Perceptions of facilitators and beneficiaries. *International Journal for the Advancement of Counselling, 41*(3), 389-406. <https://doi.org/10.1007/s10447-018-9357-8>
22. Dispenza, F., Davis, E. B., McElroy-Heltzel, S. E., Davis, D. E., **Zeligman, M.**, Aten, J. D., Hwang, J., Van Tongeren, D. R., & Hook, J. N. (2019). Religious factors and global meaning violation in Louisiana flood survivors. *Traumatology, 25*(3), 152-161. <https://doi.org/10.1037/trm0000166>
21. **Zeligman, M.**, Varney, M.* , Gheesling, S.* , & Placeres, V.* (2018). Trauma, meaning making, and loneliness in college students. *Journal of College Student Psychotherapy, 33*(4), 319-331. <https://doi.org/10.1080/87568225.2018.1523700>
20. Greene, J. H., Graham, J. M., Hundley, G., **Zeligman, M.**, Bloom, Z. D., & Ayres, K.* (2018). Counseling clients with dissociative identity disorder: Experts share their experiences. *Journal of Counselor Practice, 9*(1), 39-63. <https://doi.org/10.22229/zpe728029>
19. Prescod, D. J., & **Zeligman, M.** (2018). Career adaptability for trauma survivors: The moderating role of posttraumatic growth. *Career Development Quarterly, 66*(2), 107-120. <https://doi.org/10.1002/cdq.12126>
18. Kearney, M. A.* , **Zeligman, M.**, Brack, J. L., & Payne, E* . (2018). Trauma and Dissociation: Predictors of Loneliness in Students at an Urban University. *Journal of College Counseling, 21*(2), 165-179. <https://doi.org/10.1002/jocc.12095>
17. **Zeligman, M.** (2018). Medical trauma: Assessing trauma and growth following an HIV diagnosis. *Journal of Humanistic Counseling, 57*(1), 14-30. <https://doi.org/10.1002/johc.12064>
16. **Zeligman, M.**, Varney, M.* , Grad, R.* , & Huffstead, M.* (2018). Posttraumatic growth in individuals with chronic illness: The role of Social support and meaning making. *Journal of Counseling & Development, 96*(1), 53-63. <https://doi.org/10.1002/jcad.12177>

15. Dispenza, F., Murphy, T. M.*, & **Zeligman, M.** (2018). Career development of sexual minority men living with HIV: A grounded theory study. *Journal of Career Development, 45*(5), 458-473. <https://doi.org/10.1177/0894845317710768>
14. Grad, R. *, & **Zeligman, M.** (2017). Predictors of Posttraumatic Growth: The role of social interest and meaning in life. *The Journal of Individual Psychology, 73*(3), 190-207. <https://doi.org/10.1353/jip.2017.0016>
13. **Zeligman, M.**, Greene, J. H., Hundley, G., Graham, J., Spann, S. *, Bickley, E. * & Bloom, Z. (2017). Lived experiences of men with dissociative identity disorder. *Adultspan Journal, 16*(2), 65-79. <https://doi.org/10.1002/adsp.12036>
12. **Zeligman, M.**, Dispenza, F., Chang, C. Y., Levy, D. B., McDonald, C. P. *, & Murphy, T. * (2017). Motivational interviewing training: A pilot study in a master's level counseling program. *Counseling Outcome Research and Evaluation, 8*(2), 91-104. <https://doi.org/10.1080/21501378.2017.1342518>
11. **Zeligman, M.**, Bialo, J. *, Brack, J. L., & Kearney, M. A. *. (2017). Loneliness as Moderator between Trauma and Posttraumatic Growth. *Journal of Counseling & Development, 95*(4), 435-444. <https://doi.org/10.1002/jcad.12158>
10. **Zeligman, M.**, Hagedorn, W. B., & Barden, S. M. (2017). The relationship between stigma and trauma in adults living with HIV. *The Journal of Mental Health Counseling, 39*(1), 12-24. <https://doi.org/10.17744/mehc.39.1.02>
9. Tolleson, A. *, Grad, R. *, Zaybek, F. *, & **Zeligman, M.** (2017). Teaching helping skills courses: Creative activities to reduce anxiety. *Journal of Creativity in Mental Health, 12*(4), 428-439. <https://doi.org/10.1080/15401383.2017.1281186>
8. **Zeligman, M.** (2017). Supervising counselors-in-training through a developmental, narrative approach. *The Journal of Creativity in Mental Health, 12*(1), 2-14. <https://doi.org/10.1080/15401383.2016.1189370>
7. **Zeligman, M.**, & Wood, A. W. (2016). Conceptualizing an HIV diagnosis through a model of grief and bereavement. *Adultspan Journal, 16*(1), 18-30. <https://doi.org/10.1002/adsp.12031>
6. **Zeligman, M.**, Barden, S. M., & Hagedorn, W. B. (2016). Posttraumatic growth and HIV: A study on associations of stigma and social support. *Journal of Counseling & Development, 94*(2), 141-149. <https://doi.org/10.1002/jcad.12071>
5. Jacobson, L., Fox, J., Bell, H., **Zeligman, M.**, Graham, J. (2015). Survivors with dissociative identity disorder: Perspectives on the counseling process. *Journal of Mental Health Counseling, 37*(4), 308-322. <https://doi.org/10.17744/mehc.37.4.03>

4. Bell, H., Jacobson, L., **Zeligman, M.**, & Fox, J., & Hundley, G. (2015). The role of religious coping and resiliency in individuals with dissociative identity disorder. *Counseling and Values*, 60(2), 151-163. <https://doi.org/10.1002/cvj.12011>
3. **Zeligman, M.**, Prescod, D. J. & Greene, J. (2015). Journey towards becoming a counselor education doctoral student: Perspectives of women of color. *Journal of Negro Education*, 84(1), 66-79. <https://doi.org/10.7709/jnegroeducation.84.1.0066>
2. **Zeligman, M.**, & Barden, S.M. (2014). Using a narrative approach with clients living with HIV. *Journal of Constructivist Psychology*, 28(1), 67-82. <https://doi.org/10.1080/10720537.2013.854185>
1. **Zeligman, M.**, & Robinson, E. H. (2014) Counselors' role in HIV medication adherence: A motivational interviewing perspective. *Journal of Creativity in Mental Health*, 9(2), 232-244. <https://doi.org/10.1080/15401383.2014.895471>

Manuscripts Submitted for Publication in Refereed Journals

*** denotes student collaboration on scholarly publications**

Dispenza, F., DeBlaere, C., Mason, E., & **Zeligman, M.** Developing career and counseling self-efficacy: Evaluating a self-efficacy enhancement approach. *Rehabilitation Research, Policy, and Education*.

Zeligman, M., Jones, J. L.* , Ataga, J.* , & McNiece, Z. P.* Discrimination, social media use, and chronic stress in Black Americans. *Journal of Multicultural Counseling and Development*.

Varney, M* , Chang, C. E., & **Zeligman, M.** Predictors of vicarious trauma for Black undergraduate students in the current sociopolitical climate: Implications and recommendations for clinicians. *The Journal of Black Psychology*.

Funding/ Research Grants (Awarded)

Jones, K. D., Principal Investigator, Hundley, G., Co-Investigator, **Zeligman, M.**, Co-Investigator, & Hagedorn, W. B., Co-Investigator. (2020) *Opioid-Impacted Family Support Program*. Health Resources and Services Administration (HRSA-20-014). Proposal Amount: \$1,954,374.

Coleman, J. * , & **Zeligman, M.** (2019). The Use of Mindfulness in Relapse Prevention for Sexual Minority Persons Living with HIV. *Association for Assessment and Research in Counseling (AARC) Supported Scholarship Program (SSP)* [Awarded, \$2,500]

Zeligman, M. (PI), & Dispenza, F. (Co-PI) (2017). The Effect of Mindfulness on Counselor Wellness: A Randomized Controlled Group with Trauma Counselors. *Association for Assessment and Research in Counseling (AARC) Supported Scholarship Program (SSP)* [Awarded, \$4,000]

Zeligman, M., & Shannonhouse, L. (2016). Study abroad program development: Site visit to South Africa and University of Botswana. *Georgia State University International Education Fee, International Center.* [Awarded, \$1,000]

Shannonhouse, L., & **Zeligman, M.** (2016). Stress, resource loss, religious coping, and experiencing growth after disaster: Impact of drought and HIV/AIDS in Botswana. *GSU Center for the Study of Stress/Trauma/Resilience.* [Awarded, \$2,000]

Roach, A. (PI), Hopkins, E. (Co-PI), Dispenza, F. (Co-PI), **Zeligman, M.** (Co-PI), & Kelly, B. (Co-PI) (2015). Atlanta Metropolitan Area's HIV prevention and HIV/AIDS support services available to individuals with intellectual disabilities, developmental disabilities, and significant learning disabilities. *Morehouse School of Medicine Transdisciplinary Collaborative Center (TCC) for Health Disparities Research (U54MD008173)* [Awarded, \$50,000]

Shannonhouse, L., & **Zeligman, M.** (2015). Measuring culturally immersive clinical outreach experiences with counselor education students in South Africa. *Georgia State University College of Education and Human Development (CEHD) Global Initiative Grant* [Awarded, \$5,640]

Funding/Research Grants (Submitted or Unfunded)

Nader, M. (PI), Martin, G. (Co-PI), & **Zeligman, M.** (Co-PI) (2019). Advancing Informal STEM Learning (AISL) Innovations in Development Projects. *National Science Foundation (NSF).* [Not awarded, \$662,268]

Joe, R. (PI), & **Zeligman, M.** (Co-PI) (2019). Be You. Be Well!: A Holistic Approach to HIV Prevention and Health Promotion for Youth. *Robert Wood Johnson Foundation.* [Not awarded, \$180,920.28]

Zeligman, M. (PI), & DeBlaere, C. (PI) (2018). Minority Stress and Help-Seeking Among Black MSM. *National Institutes of Health, R03.* [Not awarded, \$100,000]

Zeligman, M. (PI), & Roach, A. (Co-PI) (2017). Mindfulness for Young Adults Living with HIV: Associations with Stigma and Emotional Health. *Mindfulness without Borders* [Not awarded, \$10,000]

Zeligman, M., Shannonhouse, L., & Dispenza, F. (2016). Skipped Generation Families: Experiences of Individuals Orphaned by HIV in Botswana. *Georgia State University College of Education and Human Development (CEHD) Global Initiative Grant* [Not awarded, \$5,010]

Zeligman, M. (2016). Stigma and psychological distress in adults living with HIV. *Georgia State University Pre-Tenure Internal Grant* [Not awarded, \$18,868.60]

Non-Refereed Publications

Zeligman, M. (2019). Counseling individuals living with chronic illness. *ACA Practice Brief*.

Honors/Awards

Recognition of Faculty Excellence Award (2017)

- Award based on outstanding scholarship and productivity.

SACES Research and Best Practices Awards (2016)

- **Zeligman, M.,** & Grad, R.*. The use of mindfulness/meditation in skill development for counselors-in-training. [Awarded, \$500]

Teaching Experience

University of Central Florida

MHS 7611: Supervision in Counselor Education

An examination of the process and various theories, approaches, and models of supervision in counselor education.

Summer 2021

MHS 6401: Techniques of Counseling

Provides knowledge of basic counseling skills while also providing a space for students to begin practicing these skills through role-plays/real-plays.

Spring 2021

MHS6220: Individual Psychoeducational Testing

This course covers the history, ethical/legal, multicultural and professional issues related to appraisal for counseling professionals.

spring 2020

MHS7730: Seminar in Research in Counselor Education

This course is an advanced doctoral course that provides an examination of research issues in Counselor Education. The intent of the course is for students to work collaboratively with their dissertation chair, committee, and instructor to develop a research proposal and review of relevant literature.

spring 2021, spring 2020

MHS6470: Human Sexuality and Relations

This course explores the relationship between mental health and human sexuality and the role of the professional counselor.

fall 2019

MHS 7730: Seminar in Research in Counselor Education

Guided counselor education & supervision doctoral students through the dissertation process, particularly in reference to their literature reviews.

summer 2014

MHS 6803: Practicum I & II

Provided live supervision as students utilized skills and theory with clients. Provided group and triadic supervision between students' sessions with clients.

summer 2014

MHS 6500: Group Procedures and Theories in Counseling

Gave students an understanding of the role of theories in group counseling, as well as the process and applications of groups.

spring 2013

MHS 6401: Techniques of Counseling

Taught basic counseling skills while also providing a space for students to begin practicing these skills through role-plays/real-plays.

fall 2012

Georgia State University

CPS9660: Applied Practice III

This course is part of a sequence of practicum designed to provide counselor education doctoral students with extended experience in counseling.

spring 2019

CPS8970: Seminar: Botswana Study Abroad

Co-created course with the goal of preparing graduate students for multicultural environments by promoting experiential knowledge, skills, and awareness in international clinical work.

summer 2017

CPS6410: Basic Counseling Skills

As director of the counseling skills program, oversee seven doctoral teaching assistants teaching basic skills, as well as master's level students in these courses (e.g., mental health, school, and rehabilitation counseling, and school psychology). Courses cover counseling micro skills, such as open questions, reflections of feelings and meaning, and paraphrasing.

spring 2019, fall 2018, fall 2017, spring 2017, fall 2016, spring 2016, fall 2015, spring 2015

CPS8430: Advanced Counseling Skills

Course based on techniques and tenets of motivational interviewing (e.g., the spirit of MI, OARS, agenda mapping, etc.) and working with resistant clients. Course includes students from mental health counseling and rehabilitation counseling.

spring 2017, spring 2016, spring 2015

CPS7000: Consultation, Advocacy, & Leadership in Mental Health Counseling

Includes all aspects of consultation, advocacy, and leadership in mental health counseling. Discusses the systems in which client's function, as well as how to be agents of change in the field.

spring 2017, spring 2016, spring 2015

CPS7450: Educational & Psychological Appraisal

Covers cognitive and non-cognitive methods of data gathering, including ethical and legal assessment practices, test administration, scoring and integration of tests, psychometrics, and interviews. Course taught to school counseling and mental health counseling students.

summer 2019, summer 2018, summer 2017, summer 2016, summer 2015, fall 2014

CPS8971: Seminar: Ethics, Practice, and Instruction of Basic Counseling Skills

Prepares Counselor Education doctoral students to take on the role of teaching assistant in a basic skills counseling course.

fall 2018, fall 2017, spring 2016, fall 2015

Professional Presentations

National/International

29. **Zeligman, M.**, Norris, E. K.*, Coleman, J.*, & Wood, A. W. (Accepted for 2021, October). *Posttraumatic Growth & Spirituality: Rethinking how we Prepare Counselors-in-Training to Work with Trauma Survivors*. Association for Counselor Education & Supervision (ACES) Conference, Atlanta, GA.
28. Tarziers, K.*, Coleman, J.*, & **Zeligman, M.** (2020, September). *Exploring the Effects of Mindfulness Practice on Counselors-in-Training Wellness*. Association for Assessment and Research in Counseling (AARC) Conference, Virtual.

27. Coleman, J.*, Tarziers, K.*, & **Zeligman, M.** (2020, September). *Using Qualitative Methods in Researching Recovery from Substance Use*. Association for Assessment and Research in Counseling (AARC) Conference, Virtual.
26. Dispenza, F., **Zeligman, M.**, Tarziers, K.*, & Coleman, J.* (2019, September). *Research and Evaluation Designs with Counselors-in-Training: Tears Cried and Electrolytes Lost, but Alive to Tell the Tales*. Association for Assessment and Research in Counseling (AARC) Conference, San Antonio, TX.
25. **Zeligman, M.**, & Coleman, J.* (2019, July). *Spirituality and Trauma in Times of Crisis: Lessons from Baton Rouge Flood Survivors*. Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC) Conference, Colorado Springs, CO.
24. Sheperis, D., Lenz, S., **Zeligman, M.**, & Hall, S. (2019, March). *Clinical Practice and Data: Efficacy, Utility, and Competence Considerations*. American Counseling Association (ACA) Conference, New Orleans, LA
23. **Zeligman, M.**, & Dispenza, F. (2018, September). *The Effect of Mindfulness on Counselor Wellness: A Matched Control Group Intervention with Trauma Counselors*. Association for Assessment and Research in Counseling (AARC) Conference, Richmond, VA.
22. Grad, R.*, & **Zeligman, M.** (2018, April). *Predictors of Posttraumatic Growth: The Role of Social Interest and Meaning in Life*. American Counseling Association (ACA) Conference, Atlanta, GA.
21. Coleman, J.*, Huttman, V.*, Ajetomobi, R*, & **Zeligman, M.** (2018, April). *Recovering from Crystal Meth: Experiences of Those who Have Achieved Long Term Recovery*. American Counseling Association (ACA) Conference, Atlanta, GA.
20. Joe, R. J., & **Zeligman, M.** (2017, October). *Counselor-in-Training Reactions to Clients with HIV*. Association for Counselor Education & Supervision (ACES) Conference, Chicago, IL.
19. Prescod, D. J., & **Zeligman, M.** (2017, October). *The Impact of Trauma on Vocational Identity*. Association for Counselor Education & Supervision (ACES) Conference, Chicago, IL.
18. **Zeligman, M.**, Gutierrez, D., & Grad, R.* (2017, October). *The Use of Mindfulness in Skill Development & Anxiety Reduction for Counselors-in-Training*. Association for Counselor Education & Supervision (ACES) Conference, Chicago, IL.
17. Wood, A., **Zeligman, M.**, Foulk, M.*, & Collins, B.* (2017, September). *Examining the Moderating Role of Psychosocial Factors on the Relationship between Health Orientation and Fear and Anticipated Stigma of Chronic Illness*. Assessment and Research Conference (AARC), Phoenix, AZ.

16. **Zeligman, M.**, Johnson, T.*, Lloyd, O.*, Berete, K.* (2017, August). *The Spirit of Ubuntu & Motivational Interviewing*. Botswana Counseling Association Conference, Gaborone, Botswana.
15. Prescod, D. J., & **Zeligman, M.** (2017, July). *Trauma Symptoms and Career Development: #Orlandostrong*. National Career Development Association (NCDA) Global Conference, Orlando, Florida.
14. Prescod, D. J., & **Zeligman, M.** (2015, October). *Exploring Career Readiness and STEM Major Selection in STEM Interested Students*. European Branch of the American Counseling Association Conference (EB-ACA), Naples, Italy.
13. Dispenza, F., **Zeligman, M.**, Levy, D., & Golubovic, N.* (2015, October). *Efficacy of a Motivational Interviewing skills course in Counselor Education: Results of a quasi-experimental program evaluation*. Assessment and Research Conference (AARC), Memphis, TN.
12. **Zeligman, M.**, Dispenza, F., & Golubovic, N.* (2015, October). *Ethics & practice of evaluating a skills based program in Counselor Education*. Presented at the Assessment and Research Conference (AARC), Memphis, TN.
11. **Zeligman, M.**, Grad, R.*, & Tolleson, A.* (2015, October). *Medical trauma: Assessing the traumatic impact of receiving an HIV diagnosis*. Association for Counselor Education & Supervision (ACES) Conference, Philadelphia, PA.
10. **Zeligman, M.**, Greene, J., Hundley, J., Graham, J., & Bloom, Z. (2015, March). *Voices within: Experiences of men with dissociative identity disorder*. American Counseling Association (ACA) Conference, Orlando, Florida.
9. Greene, J. H., Graham, J. M., **Zeligman, M.**, & Bloom, Z. D. (2014, March). *Hearing the voices of practitioners: A focus group and interviews conducted with counselors working with those with DID*. American Counseling Association (ACA) Conference, Honolulu, Hawaii.
8. **Zeligman, M.**, Prescod, D. J., & Wood, A. (2014, March). *Exploring posttraumatic growth in clients living with HIV*. American Counseling Association (ACA) Conference, Honolulu, Hawaii.
7. **Zeligman, M.**, & Prescod, D. J. (2013, October). *Supervising counselors-in-training through a developmental, narrative approach*. Association for Counselor Education & Supervision (ACES) Conference, Denver, Colorado.
6. **Zeligman, M.**, & Barden, S. (2013, October). *A narrative approach to supporting clients living with HIV*. Association for Counselor Education & Supervision (ACES) Conference, Denver, Colorado.

5. Jacobson, L., Graham, J., **Zeligman, M.**, & Fox, J. (2013, October). *Teaching evidenced-based techniques to counselors-in-training working with survivors of dissociative identity disorder (DID)*. Association for Counselor Education & Supervision (ACES) Conference, Denver, Colorado.
4. **Zeligman, M.**, Barden, S., Prescod, D. J., & Gonzalez, J. (2013, March). *Are you there God? It is me, client: Using narrative therapy with clients with spiritual concerns*. American Counseling Association (ACA) Conference, Cincinnati, Ohio.
3. Prescod, D. J. & **Zeligman, M.** (2013, March). *Career intervention considerations for unwed young black mothers in the United States*. American Counseling Association (ACA) Conference, Cincinnati, Ohio.
2. Bell, H., Jacobson, L., Fox, J., Hundley, G., Graham, J., & **Zeligman, M.** (2013, March). *The Role of spirituality in individuals with dissociative identity disorder*. American Counseling Association (ACA) Conference, Cincinnati, Ohio.
1. Fox, J., Bell, H., Jacobson, L., Hundley, G., **Zeligman, M.**, & Graham, J. (2013, March). *Recovering identity: A qualitative investigation of a survivor of dissociative identity disorder*. American Counseling Association (ACA) Conference, Cincinnati, Ohio.

Regional

8. **Zeligman, M.**, Chang, C., Dispenza, F., & Grad, R.* (2016, October). *Evidence based teaching in counselor education*. Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA.
7. Grad, R.* & **Zeligman, M.** (2016, October). *Social interest and meaning making as predictors for posttraumatic growth*. Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA.
6. **Zeligman, M.**, & Prescod, D. J. (2014, October). *Exploring the impact of stigma on posttraumatic growth in clients with HIV*. Southern Association for Counselor Education and Supervision (SACES) Conference, Birmingham, AL.
5. **Zeligman, M.**, Prescod, D. J., & Greene, J. (2014, October). *Becoming a counselor education doctoral student: Perspectives of women of color*. Southern Association for Counselor Education and Supervision (SACES) Conference, Birmingham, AL.
4. Prescod, D. J., & **Zeligman, M.** (2014, October). *STEM initiatives: What role do counselor educators play?* Southern Association for Counselor Education and Supervision (SACES) Conference, Birmingham, AL.
3. Bell, C. H., Lambie, G. W., & **Zeligman, M.** (2012, September). *Developing counselor educators: A model for cultivating future academics*. Southern Association for Counselor Education and Supervision (SACES) Conference, Savannah, GA.

2. Lamb, C., Greene, J., **Zeligman, M.**, Prescod, D., Hall, K., & Mullen, P. (2012, October). *Navigating the therapeutic waters: Theory development in counseling professionals*. Southern Association for Counselor Education and Supervision (SACES) Conference, Savannah, GA.
1. Gutierrez, D., Mullen, P., Fox, J., & **Zeligman, M.** (2012, September). *Teaching spirituality: Experiential activities for integrating spiritual competency in counselor education*. Southern Association for Counselor Education and Supervision (SACES) Conference, Savannah, GA.

State/Local

6. **Zeligman, M.**, Ryerson, M*, & Herbert, L.*. (2020, January). *Posttraumatic Growth Following Disaster: Lessons from Flood and Drought Survivors*. UCF Counseling Conference, Orlando, FL.
5. Jacobson, L. & **Zeligman, M.** (2013, February). *Treating survivors of dissociative identity disorder: Techniques and activities in facilitating the counseling process*. UCF Counseling Conference, Orlando, FL.
4. **Zeligman, M.** & Prescod, D. J. (2013, February). *Counselors' role in medication adherence: A motivational interviewing perspective*. UCF Counseling Conference, Orlando, FL.
3. **Zeligman, M.**, Hundley, G. & Blueford, J. (2013, February). *Stories of survivors with dissociative identity disorder: A qualitative investigation of symptoms, traumatic experiences and relationships*. Healing Together conference, Orlando, FL.
2. Super, J., Bell, H., Limberg, D., Munyon, M., **Zeligman, M.**, Sherrell, R., & Lamb, C. (2012, February). *Doc student roundtable*. UCF Counseling Conference, Orlando, FL.
1. **Zeligman, M.**, & Prescod, D. J. (2012, February). *Getting caught up in the cycle of violence: The effects of domestic violence on clients and clinicians*. UCF Counseling Conference, Orlando, FL.

Professional Service

National Service

Association for Spiritual, Ethical, and Religious Values (ASERVIC)

- Chair Media Committee 2019- Present
- Technology committee, Social Media Chair 2015- Present

- Elected board member 2018-2021
- Conference proposal reviewer 2019
- Emerging Leaders Applicant Review 2019
- Co-Chair Media Committee 2018-2019

American Counseling Association (ACA)

- Mentor 2013

Association for Counselor Education and Supervision (ACES)

- Conference proposal reviewer 2019, 2017

APA, Division 44- Society for Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues, Committee on Racial and Ethnic Diversity

- Reviewer, Dr. Richard A. Rodriguez Division 44 student travel award 2015

Ad Hoc Review

- *The Open AIDS Journal* 2017-2019
- *Journal of Negro Education* 2013- 2019

University Service

University of Central Florida

- Undergraduate Coordinators Committee 2019-Present
College of Community Innovation and Education
- Coordinator/Advisor Human Services Minor 2019-Present
College of Community Innovation and Education

Georgia State University

- Graduate Faculty Review Committee 2017- 2019
Counseling & Psychological Services
- Student Admissions Committee 2015- 2019
School Counseling

- Director of the Counseling Skills Program 2015- 2019
Department of Counseling and Psychological Services
- Faculty Diversity & Action Committee 2016-2018
A committee focused on responding to socio-cultural concerns felt by students (e.g., facilitating discussions following emotionally charged socio-political events)
- Faculty advisor 2016- 2018
Student organization for trauma research
- Faculty advisor/facilitator 2017-2018
Narrative Therapy Book Club
- Co-creator of Study Abroad course 2016-2017
CPS8970: South Africa & Botswana
- Student Admissions Committee 2016- 2017
Rehabilitation Counseling
- New faculty search committee 2014- 2015
Counseling & Psychological Services

Student Mentoring

Dissertation Committee Chair

Grad, R. (2019). *Therapeutic alliance among individuals who experienced childhood interpersonal trauma: The role of cultural humility, therapeutic presence, and attachment style*. Counselor Education, Georgia State University.

Tolleson, A. (2019). *Moral distress, wellness, and professional quality of life in play therapists*. Counselor Education, Georgia State University.

Dissertation Committee Co-Chair

Herbert, L. (Projected 2022). *Title in Progress*. Counselor Education, University of Central Florida. (Co-chair with Ann Shillingford)

Dissertation Committee Member

Kim, T. (Projected 2022). *Title in Progress*. Counselor Education, University of Central Florida.

Wright, G. (Projected 2022). *Title in Progress*. Counselor Education, University of Central Florida.

- Coleman, J. (Projected 2022). *Title in Progress*. Counselor Education, Georgia State University.
- Lovelace, K. (Projected 2022). *Title in Progress*. Counselor Education, Georgia State University.
- Haley, A. (Projected 2021). *Title in Progress*. Counselor Education, University of Central Florida.
- Williams, N. (2021). *Practice what we preach: Exploring relationships among spiritual competence, spirituality in supervision, perceived cultural humility, and spiritual/religious integrated counseling*. Counselor Education, Georgia State University.
- Wilson, N. (2021). *Couples with infertility: The dyadic influence of quality of life, relationship satisfaction, resilience, depression, and shame*. Counselor Education, University of Central Florida.
- Russell, B. (2021). *Highly sensitive child scale for preschool age children*. Counselor Education, University of Central Florida.
- Chadwick, C. (2020). *A new era of HIV: Psychology's contributions to the epidemic and development of the Pre-exposure Prophylaxis Determinants Scale*. Counselor Education, Georgia State University
- Huffstead, M. (2019). *Influences of psychocultural factors of self-stigma on biracial individuals' counseling utilization*. Counselor Education, Georgia State University
- Zelaya, D. (2019). *Latinx sexual minority men: Centralizing their experiences and testing the minority stress psychological mediation framework*. Counselor Education, Georgia State University
- Anderson, C. O. (2018). *Community violence and trauma: The influence of child abuse, bullying, and intimate partner violence*. Counseling Psychology Georgia State University
- Varney, M. (2018). *Investigating Social Justice Activism, Awareness of Privilege and Oppression, and Vicarious Trauma in Black College Students*. Counselor Education, Georgia State University
- Jordan, T. A. (2017). *Experiences of racism and race-based traumatic stress: The moderating effects of cyberracism, racial/ethnic identity, and forgiveness*. Counseling Psychology, Georgia State University.
- Rumsey, A. (2017). *School counselors and secondary exposure to trauma: Exploring the relationships between empathy, self-efficacy, burnout, secondary traumatic stress, and compassion satisfaction*. Counselor Education, Georgia State University
- McCullough, J. R. (2016). *Correlates and predictors of anti-transgender prejudice*. Counselor Education, Georgia State University

Pre-Dissertation Advisements

- Kyndel Tarziers (Chair, Counselor Education & Practice)
- Jamian Coleman (Chair, Counselor Education & Practice)

- Ramona Grad (Chair, Counselor Education & Practice)
- Moriah Kearney (Chair, School Psychology)
- Ashley Tolleson (Chair, Counselor Education & Practice)

Student Research Teams

- Clinic research team (2021- present)
- Trauma research team (2014- 2019)
- Master's research team (2015-2017)

Student-Mentee Award Recipients

- Ramona Grad (Doctoral advisee)
Hayden-Waltz Dissertation Award, Georgia State University (2019)
- Jamian Coleman (Doctoral advisee)
Chi Sigma Iota International, Leadership Fellow (2019)
- Ramona Grad (Doctoral advisee)
Chi Sigma Iota International, Outstanding Doctoral Student (2019)
- Ramona Grad (Doctoral advisee)
Chi Sigma Iota International, Leadership Fellow (2018)
- Ashley Tolleson (Doctoral advisee)
Association for Creativity in Counseling, Research Award (2017)

Clinical Professional Highlights

Mental Health Counselor – 2011 - 2014

University of Central Florida Community Counseling Clinic, Orlando, FL.

Provided individual counseling to adults struggling with a variety of behavioral, emotional, and relational concerns.

Victim/Witness Counselor – 2010 - 2011

State Attorney's Office, Orlando, FL.

Advocated for victims and witnesses of crimes during criminal investigations and trials, by walking individuals through the criminal justice process, and accompanying them to hearings, trials, and depositions.

Area Coordinator – 2009 - 2010

University of Tampa, Tampa, FL.

Responsible for overseeing two residence halls, and the fifteen resident assistants who worked within these halls, while also serving on student conduct boards, and an on-call crisis response rotation.

Counseling Intern - 2008 - 2009

HUG-Me clinic, Winter Park, Fl.

Provided individual, family, and couples counseling to adults living with, or impact by, HIV/AIDS. Facilitated HIV groups centered on support and coping.

Counseling Intern - 2007 - 2008

Alternative Middle/High School, Orlando, Fl.

Provided individual and group counseling to adolescents who had been asked to leave traditional middle school/high school settings due to discipline concerns.

Advanced Trainings

- Certified Clinical Trauma Professional (CCTP) Intensive Training (2018)
- Mindfulness without Borders: Mindfulness Ambassador Council Facilitator Training (2017)
- Prevent Child Abuse Training, Child Advocacy Centers (2016)
- 40-hour Victim Advocate Designation Training (2010)
- National Conference on Sexual Assault in our Schools (2009)
- Safe Zone training (2009)
- “Counseling Adult Survivors of Trauma” workshop with Dr. Satsuki Ina (2009)
- “Dialectical Behavior Therapy” workshop with Dr. Baker Dennis (2009)
- “The Healing Process of Play Therapy with Young Children” workshop with Dr. Sue Bratton (2008)
- 4 hr. HIV/500 course (2008)

Professional Memberships

National

American Counseling Association

Association for Counselor Education and Supervision

Association for Assessment and Research in Counseling

Association for Spiritual, Ethical, and Religious Values in Counseling

National Board of Certified Counselors

Regional

Southern Association for Counselor Education and Supervision