



*University of Central Florida  
Curriculum Vita*

**PERSONAL INFORMATION**

M. Ann Shillingford-Butler  
University of Central Florida  
College of Education & Human Performance, ED 322C  
Department of Child, Family, & Community Sciences  
Orlando, FL 32816-1250  
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**EDUCATION**

Ph.D. in Counselor Education University of Central Florida, Orlando, Florida <i>Emphasis: School Counseling</i>	May, 2009
Master of Education in Guidance & Counseling Bowie State University, Bowie, Maryland <i>Emphasis: Guidance &amp; Counseling</i>	December, 1999
Bachelor of Science in Business Administration Strayer University, Washington D.C.	May, 1994

**ACADEMIC POSITIONS**

**University of Central Florida, Orlando, FL**  
Associate Professor, Counselor Education, Fall 2015- Present

**College of William & Mary, Williamsburg, VA**  
Assistant Professor, Counselor Education Department, Fall 2009 – Present

(Tenure Granted, Spring, 2015)

**University of Central Florida, Orlando, Florida**

Toni Jennings Exceptional Education Institute, Doctoral Graduate Assistant, 2006 – 2009

**PROFESSIONAL EXPERIENCE**

**Kaley Elementary School, Orlando, Florida**

Professional School Counselor, 2003 to 2007

**Thomas Pullen School, Landover, Maryland**

Chairperson: Professional School Counseling program, 2002 - 2003

**Thomas Pullen School, Landover, Maryland**

Professional School Counselor, 2000 – 2003

**CERTIFICATIONS**

Certified School Counselor: State of Florida

National Certified Counselor: 282741

Licence-Eligible: Florida

Stress Management Certificate

Youth Mental Health First Aid Instructor Certificate

**HONORS, AWARDS, AND FELLOWSHIPS**

College of Graduate Studies Fellow, 2019- 2020

*(Project: Increasing high quality graduate students from Latin America & the Caribbean)*

Cheers to Women Honor: National Women's Month, 2018

Fellow: Center for Faculty of Excellence, 2016

Order of Pegasus Induction, UCF, 2009

Southern Association for Counselor Education and Supervision (SACES)

Outstanding Doctoral Student Award, October, 2008

Invited editorial board member, *Professional School Counseling*, 2008 - Present

SACES (Southern Association for Counselor Education and Supervision) Emerging Leaders Fellowship

Ross Trust Scholarship Award, February, 2008

Toni Jennings Scholar, University of Central Florida, 2003 – 2009

Holmes Scholar, University of Central Florida, 2003 - 2009

## **TEACHING & SUPERVISION**

### **University of Central Florida**

MHS 6401 Techniques in Counseling, Fall 2016, Fall 2017

MHS 6407 Counseling for Wellness, Fall 2016

MHS 6803 Practicum in Counselor Education, Summer 2016, 2017, Fall 2017, Spring 2018

MHS 6500 Group Procedures & Theories of Counseling, Summer 2016, 2017, 2018, Summer 2019

SDS 6411 Counseling Children & Adolescents, Spring, 2016, 2017, 2018, 2019, 2020

MHS 7406 Advanced Theories, Spring, 2016, 2017

MHS 6220 Individual Psychoeducational Testing I, Fall 2015

SDS 6947 Internship in Professional School Counseling, Fall 2015

MHS 7939 Advanced Multicultural Counseling, Summer 2018 (Newly Developed)

IDS 7500 Research Seminar in Education, Fall 2018

MHS 5500 Introduction to Counseling, Fall 2018

MHS 7840 Internship in Counselor Education, Spring 2019, 2020

### **College of William & Mary**

EDUC C42 Supervised Practicum in School Counseling, Spring, 2012, 2013, 2014

- EDUC F09 Human Growth & Development, Summer, 2011, Spring, 2014
- EDUC C91 Advanced Issues in School Counseling, Spring 2010, Spring 2011, 2013, 2015
- EDUC 624 Theories of Multicultural Counseling, Spring 2010, Spring 2011, Spring 2015
- EDUC C34 Group Counseling: Theories and Techniques, Fall 2009, 2010, 2011, 2013, 2014
- EDUC C35 Introduction to School Counseling, Fall 2009, Fall 2010, 2011, 2013, 2014

### **University of Central Florida**

- SDS 6947 Internship in Professional School Counseling (Co-Taught), Fall 2008
- MHS 6421 Foundations of Play and Play Process (Co-Taught), Summer 2008
- MHS 6401 Techniques in Counseling, Spring 2008
- MHS 6500 Theories of Group Counseling, Fall 2007

## **GRANTS & OTHER FUNDED PROJECTS**

### **University of Central Florida**

Shillingford, M. A. (2019). Brinson Travel Award. \$2500.00 (FUNDED)

Shillingford, M. A. (2019). Travel Award for Recognition of Faculty Excellence. \$862.00 (FUNDED)

Shillingford, M. A., Kelchner, V., & Butler, S. K. (2016). Exploration of school-based counseling services on students and their families in urban school settings. UCF: Dean's Office. Proposed Amount \$14, 736.64. (FUNDED, \$15, 000.00)

Shillingford, M. A. (2016). Writing Across the Curriculum Starter Grant. UCF. Proposal Amount \$300 (FUNDED)

Shillingford, M. A., Joe, R., & Oh, S. (2016). Exploring the Physical and Mental Health of African American Mothers Raising Boys and Young Men. Toni Jennings, Exceptional Education Institute. Proposal Amount \$7200 (FUNDED)

Shillingford, M. A. & Joe, R. (2015). Supporting parents of K-12 students from minority populations navigate through the college and career readiness process with a focus on STEM careers. Office of Research & Commercialization Grant. Proposal Amount: \$7,500.00 (NOT FUNDED)

Shillingford, M. A. (2015). Enhancing school counselors' multicultural competencies for today's diverse educational system. Office of International Affairs and Global Strategies: In-House Grant. Proposal Amount: \$3,000.00 (FUNDED)

### **College of William & Mary**

Reves International Faculty Fellow Award (\$9000): Enhancing School Counselors Multicultural Competencies for Today's Diverse Educational System. February, 2015 (Funded)

Summer Research Grant (\$4000): Redefining Professional Support for Minority Faculty, June 2012 (Funded)

Summer Research Grant (\$4000): Wellness of Minority Female Faculty in Counselor Education Programs, June 2010 (Funded)

## **RESEARCH**

### **a) Refereed Journal Articles**

Shillingford, M.A., Patel, S., Ngazimbi, E. E. (Under Review). Redefining professional support for faculty of color. Submitted to *Journal of Multicultural Counseling & Development*

Oh, S. & Shillingford, M. A. (Accepted). The client assessment of multicultural competent behavior (CAMCB). Development and validation. Submitted to *Measurement and Evaluation in Counseling and Development* journal.

Harris, P., Shillingford, M. A., Bryan, J. (2019). Factors Influencing School Counselor Involvement in Partnerships with Families of Color: A Social Cognitive Exploration. *Professional School Counseling*, 22, 1-10

Joe, R., Shillingford, M. A., & Oh, Seungbin. (2019). Exploring the Effects of Media Exposure to Systemic Racism on the Mental and Physical Health of African American Mothers Raising Boys and Young Men. *The Professional Counselor*, 9, 67-79

Oh, S. & Shillingford, M. A. (Under Review). Understanding parents of color: Challenges in engaging children's STEM career exploration. Submitted to *Professional School Counseling* journal.

Shillingford, M. A., Joe, R., Norman, A., & Chapple, R. (Revise/Resubmit). African American mothers' perceptions of their sons' school and community.

Submitted to the Journal of Negro Education.

- Shillingford, M. A., Oh, S., & DiLorenzo, A. (2018). Using the Multi-Phase Model of Psychotherapy, Counseling, Human Rights, and Social Justice to Support Haitian Immigrant Students. Submitted to *The Professional Counselor*, 8(3), 240- 248
- Belser, C., Shillingford, M.A., Daire, A.P., Prescod, D. J., & Dagley, M. A. (2018). Factors influencing undergraduate student retention in STEM majors: Career development, Math ability, and demographics. *The Professional Counselor*, 8(3), 262- 276
- Shillingford, M. A., Oh, Seungbin, & Finnell, L. (2018). Perceptions of Parents of Color towards STEM professions: A School Counselor Leadership Engagement. Accepted proposal for Special Issue in *Professional School Counseling*, 21, doi: 10.1177/2156759X18773599
- McAdams, C., Shillingford, M. A., & Trice-Black, S. (2017). Putting research into practice in school violence prevention and intervention: How is school counseling doing? In T. P. Remley, Jr., W. D. Rock, & R. M. Reed (Eds.), *Ethical and legal issues in school counseling* (4th ed.)(pp. 269-287). Reprinted article from *Journal of School Counseling*, 9(12). Retrieved from <http://www.jsc.montana.edu/articles/v9n12.pdf>
- Oh, S., Jones, K. D., & Shillingford, A. (2017). Multicultural competent assessment: Guidelines for multicultural interviewing. *Virginia Counselors Journal*, 35.
- Mitchell, M. & Shillingford, M. A. (2016). A journey to the past: Promoting identity development of African Americans through ancestral awareness. *The Family Journal*, 25, 63- 69
- Belser, C., Shillingford, M. A., & Joe, R. (2016). The ASCA model and MTSS: A framework to support students of color with problem behaviors. *The Professional Counselor*, 6(3), 251- 262
- Shillingford, M. A. & Trice-Black, S. (2013). The Wellness of Minority Women Counselor Educators. *Journal of Counselor Education & Supervision*, 52(4), 255- 269.
- Haskins, N., Whitfield-Williams, M., & Shillingford, M. A., Singh, A., Moxley, R., & Ofauni, C. (2013). Black master's students' experiences at a Predominantly White Institution. *Counselor Education & Supervision Journal*, 52(3). 162- 178.
- Shillingford, M. A. & Theodore, L. (2013). Classroom Support for Students Diagnosed

with Attention Deficit Hyperactivity Disorder. Invited publication for Special Issue in *Professional School Counseling*, 4, 235- 244.

- Shillingford, M. A., Patel, S. H., & Ngazimbi, E. E. (2012). Imparting wellness skills to student counselors: A precursor to help reduce teacher anxiety. In *Ideas and Research You Can Use: VISTAS 2012*. Retrieved from [http://www.counseling.org/Resources/Library/VISTAS/vistas12/Article\\_58.pdf](http://www.counseling.org/Resources/Library/VISTAS/vistas12/Article_58.pdf)
- Murphy, C. & Shillingford, M. A. (2012). Supporting unemployed middle-aged men: A psychoeducational group approach. *Journal of Employment Counseling*, 49(2), 85- 96
- Shillingford, M. A. (2012). Practical strategies for school counselor leadership: The Leadership Challenge Model, submitted to *International Journal of Leadership in Education*, 4, 497- 515.
- Frazier, L., Shillingford, M. A., & Beard, S. (2012). Psychoeducational group for adolescents bereaved by suicide of a loved one. *Virginia Counseling Journal*, 32, 46- 52
- McAdams, C., Shillingford, M. A., & Trice-Black, S. (2011). Putting research into practice in school violence prevention & intervention: How is school counseling doing? *Journal of School Counseling*, 9(12). Retrieved from <http://jsc.montana.edu/articles/v9n12.pdf>
- Butler, S. K., Shillingford, M. A., & Alexander-Snow, M. (2011). African American male students and the achievement gap: Building a successful student/citizen. *InterAmerican. Journal of Psychology (IJP)*, 45(2), 177- 184
- Alexander-Snow, M., Butler, S. K., & Shillingford, M. A. (Spring, 2011) Defining Self: Meaningful Mentorship." *Journal of the Illinois Committee on Black Concerns in Higher Education (ICBCHE) Journal*, 26, 1-7.
- Lamanna, J., Shillingford, M. A., Parrish, M., & Sheffield, R. (June, 2010). A counseling group curriculum for parents of bullying victims. *Journal of School Counseling*. 8(28). Retrieved from <http://eric.ed.gov/?id=EJ895911>
- Shillingford, M. A & Lambie, G. W. (2010). Contribution of professional school counselors' values and leadership practices to their programmatic service delivery. *Professional School Counseling*, 13(4), 208- 217
- Ngazimbi, E., Hagedorn, W. B., & Shillingford, M. A. (2008). Counseling Caregivers of Families Affected by HIV/AIDS: The Use of Narrative Therapy. *Journal of Psychology in Africa*, 18(2), 319-324

Shillingford, M. A. & Edwards, O. W. (Fall, 2008). Application of choice theory with children whose parents are incarcerated: A qualitative case study. *International Journal of Reality Therapy*

Ngazimbi, E., Lambie, G.W., & Shillingford, M.A. (2008). Using narrative therapy with clients diagnosed with bipolar disorder. *Journal of Creativity in Mental Health* 3 (2), 157-174

Shillingford, M. A. & Edwards, O. W. (2008). Professional school counselors using choice theory to meet the needs of children of prisoners. *Professional School Counseling*, 12(1), 62-65

Edwards, O.W., Mumford, V. E., Shillingford, M.A., & Serra-Roldan, R. (2007). Developmental assets: A prevention framework for students considered at risk. *Children & Schools*, 29(3), 145-153

Shillingford, M. A., Lambie, G. W., & Walter, S. M. (2007). An integrative, cognitive-behavioral systemic approach to working with students diagnosed with ADHD. *Professional School Counseling*, 11(2), 105-112

b) **Work in Progress: Research Studies**

Shillingford, M. A. Examining the effects of school-based small group career counseling on the academic, personal, and career development of elementary aged students in urban school settings. MOU approved November 2017

c) **Work in Progress: Manuscripts**

Shillingford, M. A., DiLorenzo, A., & Russell, B. Exploration of Counseling Students Multicultural Competencies through an International Immersion Experience.

Oh, S. & Shillingford, M. A. Understanding Parents of Color: Challenges in Engaging Children's STEM Career Exploration.

Shillingford, M. A. & Joe, R. Happenstance theory and K-12 Students of color: Directions for School Counselors. To be submitted to Professional School Counseling journal (January, 2017).

d) **Book**

Shillingford, M. A. & Gonzalez, T. (In Review). Demystifying the DSM for School Counselors (Contracted with Cognella Publishing: Expected Completion August



2020)

Curry, J. & Shillingford, M. A. (2015). *The journey unraveled: College & career readiness of African American students.* (Edited). Rowman & Littlefield Pub.

Shillingford, M. A. (In Preparation). *Teaching with Purpose in Higher Education: Philosophy & Practice*

e) **Book Chapter**

Shillingford, M. A., Edwards, N., & Haile, G. (Revise/Resub). *Wellness and Multiculturalism.* In S. K. Butler, J. Filmore, and A. F. Locke's *Introduction to Counseling from a Multicultural and Social Justice Perspective.*

Shillingford, M. A., Oh, Seungbin, & Mitchell, M. (2018). *Post Modern Approaches to Career Theory.* In C. William's, *Career, life-style, spirituality development: Work, Purpose, Calling, and God.* Cognella Pub.

Hays, D. & Shillingford, M. A. (2016). *Multicultural Counseling.* In D. G. Hays and B. T. Erford's, *Developing Multicultural Counseling Competence: A Systems Approach* (3rd. Ed.). Pearson.

Butler, S. K. & Shillingford-Butler, M. A. (2014). *Counseling African Americans.* In M. J. Ratts's and P. B. Pedersen's *Counseling for Multiculturalism and Social Justice* (4th Ed.). Alexandria, Va: American Counseling Association.

Shillingford, M. A. & Butler, S. K. (2013). *Anger management in schools using Adlerian Play Therapy.* In L. Fazio- Griffith & J. Curry's, *Integrating Play Techniques in Comprehensive School Counseling Programs (Edited).* Information Age Publishing

Shillingford, M. A., Trice-Black, S., & Whitfield-Williams, M. (2013). *Children with an incarcerated parent.* In L. Fazio- Griffith & J. Curry's, *Integrating Play Techniques in Comprehensive School Counseling Programs (Edited).* Information Age Publishing

Butler, S. K. & Shillingford, M. A. (2012). *Working with boys from single parent homes.* In S. Degges-White and B. Colon's, *Counseling Boys & Young Men.* New York: Springer Pub.

f) **International Focus**

Shillingford, M. A. (2018, 2019). *STUDY ABROAD: Enhancing School Counselors Multicultural Competencies for Today's Diverse Educational System.* Entails

developing partnership with the Ministry of Education of the Commonwealth of Dominica, to conduct cross-cultural research on school counselors' multicultural competency development.

g) **Presentation**

***International:***

Shillingford, M. A. Using Creative Arts to Address Trauma in Children. Submitted to the Caribbean Regional Conference of Psychologist

Shillingford, M. A. Work, Balance, Stress, and Success in the Helping Professions. Presented at the Caribbean Regional Conference for Psychology, Kingston, JA

Shillingford, M. A. (2017). Is maintaining balance a myth? There's just so much to do. To be presented at EB-ACA conference; Budapest, Hungary

Shillingford, M. A. (2017). Exploring school counselor's leadership engagement with parents of color on STEM education and career choice. Presented at the British Association for Counselling and Psychotherapy, Chester, England.

Shillingford, M. A. Kelchner, V. Joe, R., & Butler, S. K. (November, 2016). Promoting Family Resilience to Support Young Victims and Survivors of Natural Disasters. To be presented at the Caribbean Regional Conference of Psychologists. Haiti. (DID NOT ATTEND DUE TO STORM)

Shillingford, M. A. (October, 2015). Classroom guidance: A school counselor's nightmare? Presented at the European Branch of the American Counseling Association (EB-ACA). Naples, Italy.

Shillingford, M. A. (September, 2014). School counselors enhancing the wellness of students of color. Presented at the European Branch of the American Counseling Association (EBACA). Milan, Italy

***National:***

Shillingford, M. A. (2019). AMCD International Concerns Task Force Report (Panel). Presented at the American Counseling Association's conference, Atlanta, GA

Shillingford, M. A. & Joe, R. (2018). Physical and Mental Effects of State and Community Violence on African American Mothers Raising Boys and Young Men 25 Years and Younger. Presented at the American Counseling Association's conference, Atlanta, GA

- Shillingford, M. A. (2018). Counseling Strategies for Working with Children & Youth. Presented at Dominica/UCF Symposium, Roseau, Dominica
- Shillingford, M. A. (2017). Going Back to Basics: Classroom Management Strategies for the Novice Counselor Educator. Presented at the Association for Counselor Education & Supervision; Chicago, IL.
- Shillingford, M. A. (2017). AERA Panel: Mental Health in the Classroom. Invited Panelist, San Antonio, TX. April, 2017
- Shillingford, M. A. (2017). Florida Education Fund. McKnight Fellows Mid-Year Conference. Invited Panelist, Tampa FL. February, 2017
- Oh, S. & Shillingford, M. A. (2017). Perceptions of parents of color and STEM professions. To be presented at the American Counseling Association, San Francisco, CA
- Butler, S. K., Shillingford, M. A., Haskins, N., & Mitchell, M. (2016). AMCD Writers Consortium. Presented at American Counseling Association, Montreal, Canada.
- Duffey, T., Owens, D., Shillingford, M. A., & Staten, D. (2014). Developing innovative models of leadership. Presented at American Counseling Association, Honolulu, HI.
- Butler, S. K., Shillingford, M. A., & Whitfield-Williams, M. (2014). AMCD Writers consortium: To write or not to write. Presented at American Counseling Association, Honolulu, HI.
- Shillingford, M. A., Patel, S., Ngazimbi, E. H., & Brooks, M. (2013). Wellness through a diversified lens. Presented at the Association for Counselor Education & Supervision conference. Denver, CO
- Williams, C., Shillingford-Butler, M. A., & Marks, L. R. (March 2013). Developing and sustaining multicultural competencies in the counseling profession. Presented at the American Counseling Association. Cincinnati, OH.
- Shillingford, M. A. (March, 2012). African American Males and the Achievement Gap. Presented at the American Counseling Association. San Francisco, CA
- Shillingford, M. A., & Trice-Black, S. (October, 2011). Wellness of Minority Women Counselor Educators. Presented at the Association for Counselor Education & Supervision. Nashville, TN

- Shillingford, M. A., Edwards, N. N., & Ngazimbi, E. E. (November, 2011). Wellness Practices of Minority Counselor Educators. Presented at the Caribbean Regional Conference for Psychologist. Nassau, Bahamas
- Shillingford, M. A., & Trice-Black, S. (March, 2011). Wellness of Minority Women Counselor Educators. Presented at the American Counseling Association. New Orleans, LA
- Trice-Black, S. & Shillingford, M. A. (June, 2011). Constructions of student confidentiality. Presented at the American School Counselor Association. Seattle, WA
- Walter, S. M., Shillingford, M. A., & Van Horn, S. M. (October, 2009). *Creation of a Counseling DVD: School Counselors in Action: A Demonstration of Roles and Skills*. Presented at Association for Counselor Education & Supervision. San Diego, CA
- McCloud, C. & Shillingford, M. A. (October, 2009). *Success of Culturally Underrepresented Doctoral Student Participation in the Holmes Partnership*. Presented at Association for Counselor Education & Supervision. San Diego, CA
- Patel, S. H., Ngazimbi, E. E., & Shillingford, M. A. (October, 2009). *Motivational Interviewing in Counselor Education*. Presented at Association for Counselor Education & Supervision. San Diego, CA
- Robinson, E. H., Swank, J., Ieva, K., Shillingford, M. A., & Patel, S. H. (March, 2009). *The relationship between learning styles and confidence level in using play therapy techniques in counseling: A classroom experience*. Presented at American Counseling Association conference, Charlotte, NC
- Patel, S. H., Shillingford, M. A., & Ngazimbi, E. E. (February, 2009). *Reducing teacher anxiety to close the achievement gap*. Presented at the Holmes National Conference, Jacksonville, FL
- Lambie, G., Ieva, K. & Shillingford, M. A. (June, 2008). *A systemic strength-based approach for school counselors to engage unsupportive school personnel*. Presented at American School Counselor Association (ASCA) Conference, Atlanta, GA
- Orht, J., Lambie, G., Ieva, K., & Shillingford, M. A. (June, 2008). Supporting minority students in high school AP courses. Presented at American School Counselor Association (ASCA) Conference, Atlanta, GA

Ngazimbi, E., & Patel, S., & Shillingford, M. A. (March, 2008). *Narrative Therapy with the bipolar client*, Presented at American Counseling Association (ACA), Honolulu, HI

Shillingford, M. A., Patel, S., Ngazimbi, E., & Edwards, N. (February, 2008). *A mental health perspective on teacher anxiety and burnout: A qualitative project*. Presented at American Association of Colleges for Teacher Education (AACTE), New Orleans, LA

Blackman, O., Crawford, F., Edwards, N., Ngazimbi, E., Patel, S., Riley, K., & Shillingford, M. A. *Collaboration in Education Reform through Professional Development*. Presented at National Holmes Conference, Orlando, FL

Shillingford, M.A., Walter, S. M., Patel, S., Glover, M., & Ngazimbi, E. (October, 2007). *Decreasing attrition among doctoral students*, Presented at Association for Counselor Education & Supervision (ACES), Columbus OH

Walter, S. M. & Shillingford, M. A. (October, 2007). *Alternative supervision strategies for school counselors: Peer and cyber-supervision*. Presented at Association for Counselor Education & Supervision (ACES), Columbus, OH

***Regional:***

Edwards, N. E., Mwendwa, J, Marrah, A., & Shillingford, M. (2018). How do black female faculty define success in higher education. Presented at the Association for Counselor Education & Supervision conference, Myrtle Beach, SC

Shillingford, M. A. (September, 2016). *Going Back to Basics: Classroom Management Strategies for the Novice Counselor Educator*. To be presented at the Southern Association for Counselor Education and Supervision. Nashville, TN (Canceled due to Hurricane)

Shillingford, M. A., Patel, S., Ngazimbi, E. E., & Butler, S. K. (October, 2014). *Redefining Professional Support for Faculty of Color*. To be presented at Southern Association for Counseling & Supervision (SACES), Birmingham, AL

Shillingford, M. A. & Young, A. (September, 2012). *Influence of Clinical Experiences on School Counselors Leadership Practices*. Presented at Southern Association for Counseling & Supervision (SACES), Savannah, GA

McAdams, C., Shillingford, M. A., & Trice-Black, S. (October, 2010). *Putting Research Into Practice in School Violence Prevention-Intervention: How Are*

*We Doing?* Presented at Southern Association for Counseling & Supervision (SACES), Williamsburg, VA

Ngazimbi, E. E., Shillingford, M. A., & Patel, S. H. (October, 2010).  
Imparting Wellness Skills to Counselors-in-Training: A Precursor to Help Reduce Teacher Anxiety. Presented at Southern Association for Counseling & Supervision (SACES), Williamsburg, VA

Shillingford, M. A., Patel, S., Ngazimbi, E., & Edwards, N. (October, 2008). *Parallel process: Initial practicum supervision experience of doctoral students*. Presented at Southern Association for Counseling & Supervision (SACES), Houston, TX

Patel, S., Shillingford, M. A., & Ngazimbi, E. (October, 2008). *Motivational interviewing: Implications for counseling male juvenile sex offenders*. Presented at Southern Association for Counseling & Supervision (SACES), Houston, TX

Ngazimbi, E., Shillingford, M. A., Patel, S., & Edwards, N. (October, 2008). *A multi-modal approach to supervision*. Presented at Southern Association for Counseling & Supervision (SACES), Houston, TX

***State:***

Haley, A., Haile, G., & Shillingford, M. A. (2020). How to cultivate culturally competent counselors: Integrated curiosity supervision model. Presented at the Cross-Cultural Conference of Counseling and Action; Savannah, GA

Shillingford, M. A., Butler, S.K., & Herbert, L. (2020). The Not So Incredibles: Marginalization of Black Families. Presented at the Cross-Cultural Conference of Counseling and Action; Savannah, GA

Marrah, A., Edwards, N., Shillingford, M. A., Harris, K. (2020). Courageous Conversations in counseling about race. Presented at the Cross-Cultural Conference of Counseling and Action; Savannah, GA

Shillingford, M.A. & Edwards, N. (2019). Being well, Looking well, Feeling well, Doing well. Presented at the Faculty Women of Color in the Academe conference. Blackburg, VA.

Shillingford, M.A. & Edwards, N. (2019). Being well, Looking well, Feeling well, Doing well. Presented at the Cross-Cultural Counseling & Education Conference for Research, Action, and Change, Savannah, GA

- Shillingford, M. A. & Joe, R. (April, 2018). Crazy and Brave: The experiences of African American mothers raising boys and young men. Presented at the Faculty Women of Color in the Academe conference. Blackburg, VA.
- Butler, S. K., Shillingford, M. A., & Joe, R. (February, 2018). Matters of race and culture in counseling: Unraveling the taboo. Presented at Cross-Cultural Counseling & Education Conference for Research, Action, and Change. Savannah, GA
- Butler, S. K., Shillingford, M. A., & Joe, R. (February, 2018). On being a passionate social justice activist: Grounded reality. Presented at Cross-Cultural Counseling & Education Conference for Research, Action, and Change. Savannah, GA
- Edwards, N. & Shillingford, M. A. (November, 2017). Experiences of African American Women in Higher Education. Presented at the Tennessee Counseling conference. Nashville, TN.
- Edwards, N. & Shillingford, M. A. (November, 2008). The State of African American Marriages. Presented at Florida Counseling Association, Daytona Beach, FL
- Ngazimbi, E., & Patel, S., Shillingford, M. A. (November, 2007). *Narrative Therapy with the bipolar client*. Presented at Florida Counseling Association (FCA), Daytona Beach, FL.
- Shillingford, M. A., Ngazimbi, N., & Patel, S. (November, 2007). The implementation of *cognitive behavior therapy with students diagnosed with Attention Deficit Hyperactive Disorder*. Presented at Florida Counseling Association (FCA), Daytona Beach, FL
- Shillingford, M.A., Ngazimbi, E. & Patel, S. (January, 2007). *Attrition among minority doctoral students*, South Florida Holmes Conference, Orlando, FL.
- Shillingford, M. A. (June, 2007). *Social functioning of children being raised by their grandparents*. Presented at Family Café, Orlando, FL

**Local:**

- Shillingford, M. A. & Butler, S. K. Effects of Continuous Stress on the Black Community. Presented at The UCF Counseling Conference, Orlando, FL.
- Shillingford, M. A. (2019). Being your Authentic Self and Maintaining Authentic Relationships. Presented at For Grown Women Only Retreat. Kissimmee, FL (Invited Guest).

- Shillingford, M. A. (2019). Finding and Maintaining Balance. Presented at Grandfamilies “Standing in the Gap” Educational Summit. Orlando, FL. (Invited Guest).
- Shillingford, M. A. (May, 2016). Wellness of Cultural Minorities. To be presented at the National Holmes Dissertation Retreat. Orlando, FL.
- Shillingford, M. A. (February, 2016). Classroom Management for School Counselors. Presented at the UCF Counseling Conference. Orlando, FL
- Shillingford, M. A. (December, 2015). *Flipping the Classroom*. Presented at University of Central Florida Faculty Winter Conference.

### **Invited Guest**

- Shillingford, M. A. (2020). Managing Stress. The Center for Exceptional Families, Inc. University of Arkansas.
- Shillingford, M. A. & Herbert, L. (2019). Balance and Wellness for Marginalized Groups. Presented at Supporting High-Needs Populations Special Interest Group. Orlando, Florida
- Kelchner, V. P. & Shillingford, M. A. (2018). Wellness for caregivers of children with unique abilities. Special Clinic for Special Kids-Down Syndrome Clinic. Invited presentation for Howard Phillips Center for Children and Families.
- Shillingford, M. A. (2017). Balance and Wellness. MOSAIC Mentoring Community for Underrepresented Faculty and Staff.
- Kelchner, V. & Shillingford, M. A. (2017). Supporting Parents raising children with Down Syndrome: Wellness, UCP: I Can Read.
- Shillingford, M. A. & Butler, S. K. (2016). Finding and maintaining balance. Orlando Magic Mental Health Awareness Program.



## **PROFESSIONAL SERVICE**

### **University of Central Florida**

- a) Faculty Senate: Spring 2019- Present
- b) Faculty Senate (Parking Subcommittee): Spring 2019- Present
- c) Faculty Council Co-Chair: Fall 2018- Present
- d) Ph.D. Program Coordinator: Counselor Education (2016- Present)
- e) UCF Holmes Scholars Program Coordinator (2017-Present)
- f) ACA International Committee Co-Chair (2019- Present)
- g) ACA International Committee Member (2017- Present)
- h) AMCD International Concerns: Chair (2018- Present)
- i) CEDHP Ethics Committee Member (2017- 2019)
- j) Division 3 Chair: Florida Counseling Association: Fall 2017- 2019
- k) External reviewer for Dr. Kaprea Hoquee for tenure and promotion to the rank of Associate Professor at Old Dominion University
- l) Member  
Undergraduate Admissions and Retention Committee (2016- 2018)
- m) Member  
Assessment & Institutional Effectiveness Committee (2016- 2018)
- n) Member: Health Access Alliance: Support diverse populations on issues of health and wellbeing within the Orange county communities. (2018-Present)
- o) Dissertation Committees
  - a. Chair- Amanda Dilorenzo (2019-2020: Counselor Education)
  - b. Chair- Jeongeun Park (2019- 2020: Counselor Education)
  - c. Member- Stephanie Jackson (2019- 2020: Exceptional Student Education)
  - d. Chair- Seungbin Oh (2017-2018: Counselor Education)
  - e. Co-Chair- Nevin Heard (2017-2018: Counselor Education)
  - f. Member- Michelle Mitchell (2017- 2018: Counselor Education)
  - g. Chair- Christopher Belser (2016-2017: Counselor Education)

h. Member- Coralie Solomon (2016-2017: Counselor Education)

F) Faculty Advisor: M-POWER: Cultural Encounters

**College of William & Mary:**

Professional Service Activities (Local)

- a) Faculty Executive Committee Member  
College of William & Mary: 2013- 2014
- b) Faculty Affairs Committee Member  
College of William & Mary: 2013- 2014
- c) Strategic Planning Committee Member  
College of William & Mary: 2014- Present
- d) Faculty Advisor  
Kappa Delta Phi  
College of William & Mary: 2014- Present
- e) Parking Advisory Committee Member  
College of William & Mary: 2011- 2013
- f) Counseling Coordinator: College of William & Mary: 2011-2012
- g) Member on Dissertation Committee (College of William & Mary):  
Mary Whitfield-Williams (2012)  
Natoya Haskins (2011)
- h) Dissertation Chair (College of William & Mary):  
Pamela Harris (2014- 02/2016: Successfully defended)
- i) Doctoral Student Advising (College of William & Mary):  
Clare Merlin (2012- Present)  
Pam Harris (2013- Present)  
Keosha Edwards (2014- Present)

Professional Service Activities (National/Regional)

- a) AERA Division E, Faculty Mentor, 2017
- b) Florida Counseling Association, Division 3 Representative, 2017
- c) Association for Multicultural Counseling & Development  
By-Laws Chair: 2016- Present
- d) Association for Multicultural Counseling & Development  
By-Laws Committee Member: 2014- 2015
- e) Chair: ACA- Seasoned Leadership Task Force: 2013
- f) Hamptons Roads School Counseling Leadership Team: Present Member  
(College of William & Mary Representative)
- g) American School Counselor Association (ASCA): 2009 - Present  
*Professional School Counseling* journal: Editorial board member
- e) Co-Chair: Awards Committee  
Association for Multicultural Counseling & Development: 2011
- f) SACES International Counseling Interest Network: 2010- 2011

## **PROFESSIONAL ASSOCIATION MEMBERSHIP**

American Counseling Association  
 Association for Counselor Education & Supervision  
 American School Counselor Association  
 Association for Multicultural Counseling & Development  
 Southern Association for Counselor Education & Supervision  
 Florida School Counselor Association

